

From Lozère to Aveyron by electric car

Journalistes :

Adam HARTMUT - Rédacteur en chef

Contact : info@cabriolife.com - www.cabriolife.com - Mobil : 0160/6307427

Marcus Werner (photographe) et Alexandra Borejko (journaliste)

Aveyron Tourisme - Audrey Carles

Contact : presse@aveyron-attractivite.fr Mobil. +33 (0)6 78 42 43 81 – +33 (0) 5 65 75 40 12

Lozère Tourisme - Julian Suau

Contact : j.suau@lozere-tourisme.com Mobile + 33 (0) 6 45 56 99 87 - + 33 (0) 4 66 65 60 14

Occitanie Tourist Board - Emmanuelle Viala

Contact : emmanuelle.viala@crtoccitanie.fr

Kia EV6, all-electric car, range 300 km, DC charging, direct current (**Donc Borne Electrique, et non prise électrique ?**)

Monday, 1 May

Arrivée Via Lyon vers 11h - Lozère

11h30 – 13h30 : Déjeuner à L'aéroport ?

3h de route

16h30 : Discovery of the Lac de Naussac in the afternoon with an **all terrain electric scooter**

Explore the great lake of Naussac in Lozère, on an ecological, electric, handy and silent vehicle.

Explore the sheltered coves, the shady undergrowth, the hamlets with granite houses, with the banal oven or the fountain carved into a Merovingian tomb and many other surprises....

A ride on an all-road electric scooter is above all a great breath of fresh air.

Far from the cliché of sports activity, you discover this new soft mobility allowing you to travel between 18 and 25 km.

LE RONDIN PARC

Palhères 48300, ROCLES

+33 4 66 69 50 46

<https://www.lozere-tourisme.com/le-rondin-parc/rocles/loilar048v506o5o>

voyage-occitanie.com



20h00 Diner : Domaine de Barres

The dining room has been completely redesigned. The decoration choices were naturally oriented towards the historical dimension. The restaurant has a decor illustrating the 1900s and the industrial revolution. Generous cuisine and warm service.

Route de Mende
Barres 48300, LANGOGNE
+33 4 66 46 08 37

<https://www.lozere-tourisme.com/domaine-de-barres-o-domaine/langogne/reslar048v504bbo>

Night : Hotel Beauséjour (reservation ok 11/04)

In the heart of Lozère, the Beausejour hotel in Langogne offers you an ideal, modest place to stay, steeped in history, heritage and legends.

Their hotel is ideally located in Langogne, at the gates of the historic city center, as well as near Lake Naussac. The hotel offers 10 hotel rooms, all different, renovated and tastefully decorated in a contemporary style.

HÔTEL LE BEAUSEJOUR
22 Avenue Foch, 48300 LANGOGNE
+33 4 66 69 01 18

<https://www.lozere-tourisme.com/hotel-le-beausejour/langogne/hotlar048v50a8ag>

Electrical terminal for charging your vehicle located behind the hotel, at "La Poste".

<https://goo.gl/maps/vGDRM5ruivzifsXJ8>

Quai du Langouyrou, 48300 Langogne

Thursday, 2 May

Morning : Grange au Thé Visit

This large-flowered calament or Aubrac tea, traditionally picked by the inhabitants of the plateau, has aroused renewed interest for several years. At the Grange au Thé in Nasbinals, you can find a wide range of products in this grower's shop: infusions, syrups, ratafia, juices, biscuits, caramels, home fragrance, massage balm, shampoo, etc.

This group is made up of producers who cultivate small plots (between 50 and 150 m²) in Aubrac Lozérien, Cantalien and Aveyronnais. Thanks to this approach, the transformation is now turning towards a modern rediscovery of the plant.

Place du foirail 48260, NASBINALS
+33 6 07 76 36 81

<https://www.lozere-tourisme.com/la-grange-au/nasbinals/deglar048v508fyu>

12h30 - 14h30 : Restaurant Cap Combattut Buron

10 minutes from Nasbinals, take the D52 and drive 5 km after the Déroc waterfall to take a gourmet break in this cozy buron in the heart of the Aubrac plateau. Maïté will introduce you to her establishment where local products and stews are cooked with the seasons.

Aubrac beef and veal raised on the family farm, traditional aligot and homemade dessert will try to seduce you. Outdoor terrace with stunning views of the Aubrac mountains.

Route des Lacs 48260, MARCHASTEL
+33 6 74 81 89 19

<https://www.lozere-tourisme.com/buron-de-cap-combattut/marchastel/reslar048v50a8hm>

voyage-occitanie.com



Offices de
Tourisme
de France
PIÈCE RÉGIONALE
OCCITANIE

Site de Montpellier (siège)

64, rue Alcyone • CS 79507 • F • 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr

N° SIRET 83203963000039 - APE 7990Z

Site de Toulouse

15 rue Rivals • CS 78543 • F • 31685 Toulouse Cedex 6
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr



Cascade du Déroc visit

The Déroc waterfall towers 30 meters above the small glacial valley of the Gambaïse stream: breathtaking views of the Marchastel region with, in the background, the vast expanses of Lozérien granite Aubrac. You can access the waterfall from a small path that starts from the town of Nasbinals. Following the stream, we arrive at the edge of the ravine. There, the tributary of the Bès and the waters of Lake Salhiens rush from the basalt rim under which a cave has formed. Its ceiling is made up of large basalt prisms remarkable for their geometry.

This cave discovered by Doctor Prunière was to serve as a refuge for highway robbers.

Village 48260, NASBINALS

<https://www.lozere-tourisme.com/cascade-du-deroc/nasbinals/pnalar0480000099>

Picture spot : Marchastel mount and lake Saint-Andeol

Night and diner : Hotel Restaurant La Route d'Argent (reservation en cours 11/04)

Bastide stays welcome you to their 3 hotels in Nasbinals. The La Route d'Argent hotel-restaurant is located in the heart of the village. It is the privileged meeting point between the vacationer and the locals. The restaurant will serve you local cuisine: Charcuterie de Pays, Aligot, Beef from Aubrac, but also its specialities: Sweetbread and scallops among others.

Le Village 48260, NASBINALS

+33 4 66 32 50 03

<https://www.lozere-tourisme.com/hotel-restaurant-la-route-d-argent/nasbinals/hotlar0480000126>

Electrical terminal for charging your vehicule located next to "La Poste".

300meters south from your hotel.

<https://goo.gl/maps/KYMT5SyNbTV7AMXi7>

Wednesday, 3 May

9:00 : Departure from Nasbinals to Aubrac (9 km – 10 minute drive)

9:30 : am : The Village of Aubrac

The village of Aubrac is one of the emblematic sites of the plateau. Located at the crossroads of the departments of Aveyron, Cantal and Lozère, it is a true witness to the economic, human and agricultural history of the territory. The village, now popular with pilgrims, is an essential passage of the GR65, Way of Saint-Jacques-de-Compostelle of the Way of Puy-en-Velay. It has in the past been a refuge for people passing through and the sick. The village will seduce you for the tranquility of its environment, in the heart of scenery breathtaking, in wilderness.

Aubrac 12470 Saint-Chély-d'Aubrac

<https://www.tourisme-en-aubrac.com/de/destination/aubrac-village-emblematique-du-plateau/>

10:00 am : Departure from Aubrac to Laguiole (20km – 20 minute drive)

10:30 am : Coopérative fromagère Jeune Montagne (réservé)

Located in the heart of Aubrac, Jeune Montagne manufactures the Aligot de l'Aubrac and the fresh Tome de l'Aubrac. It is also the main producer of Laguiole A.O.P. cheese with raw and whole milk. The Fromagère Cooperative perpetuates the traditional know-how inherited from the monks and buronniers of Aubrac.

Possibilité de prendre des photos (atelier – cave d'affinage) : demande à faire en amont

La Borie Neuve - 12210 - Laguiole - Tél. +33 (0)5 65 44 35 54

<https://www.jeune-montagne-aubrac.fr/>

voyage-occitanie.com



Offices de
Tourisme
de France
PIÈCE RÉGIONALE
OCCITANIE

Site de Montpellier (siège)

64, rue Alcyone • CS 79507 • F • 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr

N° SIRET 83203963000039 - APE 7990Z

Site de Toulouse

15 rue Rivals • CS 78543 • F • 31685 Toulouse Cedex 6
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr



12:30 pm : Lunch - Restaurant **L'Aubrac** (réservé)

Discover a local cuisine : charcuterie, aligot, "tripous" and the unmissable meat "Fleur d'Aubrac" from the family farm.

17, Allée de l'Amicale 12210 Laguiole - +33 (0)5 65 44 32 13

www.hotel-aubrac.fr

2:00 pm : **The village of Laguiole**

The village of Laguiole can be discovered by walking its narrow streets, looking up at its slate roofs, taking the time to discover the little secrets that the capital of the Laguiole knife contains.

La fairground square was once the place where important livestock fairs were organized. Today, cattle are exhibited in the Place du nouveau fairground, especially during Aubrac breed competition and the festival of Fat Easter Oxen. The old fairground is still alive, with many events organized and the market held every Saturday morning. What makes it unavoidable, however, is the statue of the Laguiole bull which sits in its center since 1947, emblem of the village of Laguiole.

Village map : <https://www.tourisme-en-aubrac.com/app/uploads/2022/10/0419-ot-aubrac-carte-bourg-laguiole-bat-min.pdf>

Cascade des Oules : Located in the town of Laguiole, below the village, the cascade des Oules flows all in width. This beautiful waterfall is accessible by a 3.5 kilometre hiking circuit and lasts about 1h15 through the woods. This walk also offers a nice panoramic view of the village of Laguiole on the way.

Visit **Knife-producer** (à voir pour réserver)

In the village of Laguiole the cutlery business is dynamic, as demonstrated by the many workshops and shops in the village. Meet the cutlers, some of whom are "Meilleurs Ouvriers de France", discover these professions with many skills. Love of a job well done, tradition, openness to the future and modernity are the hallmarks of the cutler manufacturers who welcome you and show you their talent.

<https://www.tourisme-en-aubrac.com/de/destination/le-couteau-de-laguiole/>

Honoré Durand :

<https://www.tourisme-en-aubrac.com/de/producteur/coutellerie-forge-honore-durand/>

And/or (the two knife-producers are located next to each other)

Forge de Laguiole :

<https://www.tourisme-en-aubrac.com/de/producteur/forge-de-laguiole/>

free or guided tour ?

Dinner and night in Laguiole - **Hôtel Gilles Moreau** (réservé)

The Hotel Gilles Moreau is a welcoming and warm home in the heart of the village. You can discover a home-made restaurant, with only fresh and seasonal products from local producers of Aveyron, Aubrac and Laguiole.

2, allée de l'Amicale 12210 Laguiole

+33 (0) 5 65 44 31 11

<https://www.gilles-moreau.fr/en/home/>

Thursday, 4 May

9:00 am : *Departure from Laguiole to Millau (100km – 1 hour and 20 minute drive)*

10:30 am : **Millau Viaduct** free or guided tour ?

voyage-occitanie.com



Offices de
Tourisme
de France
Pôle Régional
OCCITANIE

Site de Montpellier (siège)

64, rue Alcyone • CS 79507 • F • 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr

N° SIRET 83203963000039 - APE 7990Z

Site de Toulouse

15 rue Rivals • CS 78543 • F • 31685 Toulouse Cedex 6
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr



Millau viaduct holds the world record for the tallest bridge, culminating at 343 metres (higher than the Eiffel tower), 2460 metres long and touching the bottom of the Tarn valley in only 9 places.

Conceived by the French engineer Michel Virlogeux and designed by the English architect Lord Norman Foster, it fits perfectly into the naturally intact and grandiose landscape: a very thin slightly curved steel roadway supported by stays gives it the appearance of a huge yacht and the ensemble rests on 7 very slender pillars.

<https://www.tourisme-aveyron.com/en/millau-viaduct/discover-millau-viaduct>

Brocuéjols 12100 Millau

12:30 am : Lunch (Aire du Viaduc or Roquefort-sur-Soulzon)

2pm: *Departure from Millau to Roquefort-sur-Soulzon (27km – 25 minute drive)*

2:30 pm : **The king of cheeses : the famous Roquefort cheese**

"The legend has it that a love-struck shepherd... in order to follow a shepherdess, supposedly left some bread and sheep's cheese in a Combalou cave. On returning some time later, he found them covered in mould. He tasted the cheese and loved it. Roquefort was born. Guardians of this savoir-faire, man maintains this tradition in the deepest of these caves and the miracle is still performed each time. "

Diner : Saint-Affrique

Night : **Domaine le Vaxergues** (cottage with spa) (réservé)

At the heart of The Grands Causses Regional Natural Park, one of the Grands Sites Occitanie, and the « Causses and Cévennes » territory listed as a UNESCO World Heritage Site. Domaine Le Vaxergues is the perfect combination of comfort and ecology.

With a capacity of 1 to 4 people, these fully equipped cottages offer you all the comfort you need for an unforgettable stay in the heart of nature.

<https://www.sejoursnature-millau-aveyron.com/en-gb/the-gites/ecolodge-cottage-4-people-with-spa>

1 rue des Lauriers 12400 Saint-Affrique

+33 (0)6 76 75 06 77

Friday, 5 May

9:30 am : *Departure from Saint Affrique to Latour-Sur-Sorgue (25km – 30 minute drive)*

10:00 am : **Sac du Berger** (either the workshop in Latour-sur-Sorgue or La Boutique in La Couvertoirade ?)

The artisanal leather and skins workshop subscribes to the tradition of the "sac du berger" (shepherd's bag) whose current shape has remained unchanged since the 17th century. Each product is hand crafted in the following manner: a single worker makes the product from start to finish. Leather goods, sheepskins, clothes, bags, shoes, slippers, sandals, wallets etc..., complete our production.

Layrolle 12540 Latour-Sur-Sorgue

+33 (0)5 65 99 36 60

<https://www.lesacduberger.com/>

(La Couvertoirade ? 40minutes 35km or Millau ? 55minutes 55km)

12:00 Lunch in Millau (or La Couvertoirade)

Visit of the village "La Couvertoirade" One of the «Most Beautiful Villages of France»?

voyage-occitanie.com



Offices de
Tourisme
de France
PIÈCE RÉGIONALE
OCCITANIE

Site de Montpellier (siège)

64, rue Alcyone • CS 79507 • F • 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr

N° SIRET 83203963000039 - APE 7990Z

Site de Toulouse

15 rue Rivals • CS 78543 • F • 31685 Toulouse Cedex 6
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr



As soon as you approach the village set in the heart of the Causse du Larzac you are surprised by the two towers that spring from a rocky chaos.

Come through the old fortified gateway, a meander of streets, small covered passageways and 15th century houses await you. Climb up to the chemin de ronde walkway on the ramparts and you dominate the listed village and admire the exceptionally well preserved surrounding countryside. The village is brought to life by the artisan boutiques and old shops.

<https://www.tourisme-aveyron.com/en/discover/la-couvertoirade/touristic-guide>

Departure from La Couvertoirade to Millau (40km – 40 minute drive)

Visit of the **city of Millau**

Millau was awarded the «Town of History and Art» label in 2010 thanks to its rich artistic heritage. Two thousand years ago, when it was known as «Condatomagus», it was a production center for the beautiful terra sigillata pottery that supplied the Roman army throughout their empire, as modern archaeologists throughout Europe can confirm with their work uncovering ceramics from Millau. Leather glove-making developed over time to become the major industry in the town in the 20th century. These centuries of highly skilled Millau leatherwork survive mainly in the high-end leather glove fashion houses, attracting worldwide clientèle, as seen recently with Jennifer Lopez or Nicole Kidman.

Today you can visit the Causse or Fabre glove manufacturers in Millau to see the talented cutters and sewers at work. Millau Museum houses a rich collection explaining the history of glove making and its impact on the development of the town. Throughout Millau you will find a variety of art galleries, exhibitions, sculptors, metalworkers and glassblowers. In the town centre, Rue de la Capelle is the street that has brought many of these artistic traditions together and is well worth a visit.

<https://www.millau-viaduc-tourisme.fr/en/top-5>

6:00 pm : Departure from Millau to Mostuéjols (22km – 30 minute drive)

Dinner and night - Hôtel de la Muse (**réserve**)

Hôtel de la Muse 12 720 Mostuéjols

+33 (0)5 65 62 60 01

GPS coordinates: 44.19654360483297, 3.211941682329877

<https://hotel-delamuse.com/en/>

Saturday, 6 May

Morning : discovery of the Gorges du Tarn with the boatmen of La Malène

Before the creation of the road in 1905, this means of transport was once used for people, animals and goods alike. Today, it allows visitors to discover the most beautiful part of the Gorges. Departing from La Malène, the boatmen take you on 8 km of turquoise water profiled in the heart of the steepest part of this famous canyon. Duration of the descent: approximately 1 hour guided by a professional boatman.

48210 LA MALENE

+33 4 66 48 51 10

<https://www.lozere-tourisme.com/les-bateliers-des-gorges-du-tarn/la-malene/loilar048v5049v8>

Picture spot : Le Roc des Hourtous or The Point Sublime

Lunch : Auberge de la Cascade à Saint-Chély-du-Tarn

voyage-occitanie.com



Offices de
Tourisme
de France
RÉGION
OCCITANIE

Site de Montpellier (siège)

64, rue Alcyone • CS 79507 • F • 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr

N° SIRET 83203963000039 - APE 7990Z

Site de Toulouse

15 rue Rivals • CS 78543 • F • 31685 Toulouse Cedex 6
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr



In the heart of the Gorges du Tarn, 5 km from Sainte Enimie: St Chely, one of the most beautiful villages in the Gorges, has kept its wild beauty and curious aspect.

The Auberge de la Cascade welcomes you in a family atmosphere with its terrace.

Come and taste our regional specialties in a pleasant climate. Our cuisine is traditional and family-run (homemade foie gras, pan-fried foie in basalmic vinegar, frog's legs, omelette with blueberries, duck breast with green pepper sauce, sea bass fillet in butter, sea bream with lemon cream, pork tenderloin with mustard old, Tripoux de Causse, veal grenadine with morels...

AUBERGE DE LA CASCADE

Saint-Chély du Tarn, 48210, GORGES DU TARN CAUSSES

+33 4 66 48 52 82

<https://www.lozere-tourisme.com/auberge-de-la-cascade/gorges-du-tarn-causses/reslar048fs000ov>

Afternoon : Visit of Sainte-Enimie

It is one of the most beautiful villages in France thanks to its medieval side and its adaptation to the gorges which surround it, Sainte-Enimie is all in old cobbled streets and vaulted passages, dotted with wide staircases and pretty terraces which contribute generously to its charm.

From its former monastery you can see the refectory, a beautiful Romanesque chapter house. The Romanesque church of Notre-Dame-du-Gourg, from the 14th century, has undergone some transformations. Admire the beautiful vault of its apse and the statue of Saint Anne, alongside contemporary ceramics illustrating the history of the founding of the town. The old village has retained a wheat exchange and its grain measurement.

CITÉ MÉDIÉVALE DE SAINTE-ENIMIE

48210, GORGES DU TARN CAUSSES

<https://www.lozere-tourisme.com/cite-medievale-de-sainte-enimie/gorges-du-tarn-causses/pcular048fs0001v>

End of afternoon : Visit of Mende and the new Gévaudan Museum

Witness to the history of Lozère, the Gévaudan Museum invites you on a journey between culture and nature. In the heart of the city of Mende, from the first testimonies of life to the present day, you dive into a place of life, discovery, sharing and conviviality.

The Gévaudan Museum covers 1,200 m² spread over three levels. The permanent exhibition occupies the first floor. Rich, diversified and accessible to a wide audience, it brings together more than 500 pieces selected from the 16,000 in the collection. The tour is divided into twelve rooms allowing visitors to discover the collections through the prism of two themes: Nature & Culture.

When you arrive, you enter the heritage discovery and mediation spaces and you discover the boutique bookstore and a relaxation area. Ready for this cultural journey?

MUSÉE DU GÉVAUDAN

3 Rue de l'Épine, 48000, MENDE

+33 4 66 49 85 85

<https://www.lozere-tourisme.com/musee-du-gevaudan/mende/pcular048v50fjcy>

Diner : Restaurant La Table du Lac

Created in 2016 by Thibaut Poudevigne, the restaurant offers you the pleasure of traditional French and Lozère cuisine prepared with fresh and local products, all in a soft and warm mountain atmosphere. Welcome home ! We offer you a place ideally placed on the shores of Lake Naussac for your family meals.

LA TABLE DU LAC

Lac de Naussac, 48300 LANGOGNE

+33 4 66 46 91 86

<https://www.lozere-tourisme.com/la-table-du-lac/langogne/reslar048v508ljd>

voyage-occitanie.com



Offices de
Tourisme
de France
PIÈCE RÉGIONALE
OCCITANIE

Site de Montpellier (siège)

64, rue Alcyone • CS 79507 • F • 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr

N° SIRET 83203963000039 - APE 7990Z

Site de Toulouse

15 rue Rivals • CS 78543 • F • 31685 Toulouse Cedex 6
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr



Night : Le Domaine de Barres (réservation envoyée 12/04/2023)

The Domaine de Barres is a tasty stopover, with facilities dedicated to well-being and varied pleasures: nonchalance by the indoor swimming pool, relaxation in the sauna, pampering with a shiatsu massage, exercises in the fitness room, and the show permanent view of the omnipresent nature from the large windows of the sober and discreet luxury rooms of the 18th century building. The golf course, which extends to the edge of Lake Naussac, offers a fabulous view. The ideal place to disconnect from everyday life, synonymous with relaxation, discovery and gastronomy.

HÔTEL LE DOMAINE DE BARRES

Route de Mende, Lieu-dit Barres, 48300 LANGOGNE

+33 4 66 46 08 37

<https://www.lozere-tourisme.com/hotel-le-domaine-de-barres/langogne/hotlar0480000186>

Electrical terminal for charging your vehicule located at the Domaine itself.

Sunday, 7 May

Morning : Filature des Calquières visit

With the World of Filaine, enter a world of stories and emotions, over the water.

Discover the oldest spinning mill in France, bordered by the canal which drives the big wheel of the mill by the force of the water. The factory operates in front of you. Young and old discover the transformation of wool from sheep to skeins ready to knit; the animators unfold the thread of history for you... A beautiful interactive, fun and historical visit.

Unique in Lozère, with the dynamic cinema, live an adventure with the coachman Filasse, and his mare Bobine, through time, and you will come across characters from the territory such as the Beast of Gévaudan.

The gallery of artistic exhibitions, and the shop complete your visit. Count from one hour to three hours of visit from 4 years old. A place where the authentic and the contemporary blend perfectly.

FILATURE DES CALQUIERES "LE MONDE DE FILAINE"

23 Rue des Calquières, Les berges du Langouyrou, 48300, LANGOGNE

<https://www.lozere-tourisme.com/filature-des-calquieres-le-monde-de-filaine/langogne/pcular0480000275>

Departure at the end of the morning

voyage-occitanie.com



Offices de
Tourisme
de France
POLE REGIONAL
OCCITANIE

Site de Montpellier (siège)

64, rue Alcyone • CS 79507 • F • 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr

N° SIRET 83203963000039 - APE 7990Z

Site de Toulouse

15 rue Rivals • CS 78543 • F • 31685 Toulouse Cedex 6
Tél : +33 (0)4 30 63 84 20 • contact@crtoccitanie.fr