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*If you are running late, please inform the contact person indicated in the program below.*

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@TourismeAveyron <https://www.instagram.com/explore/tags/aveyronemotion/>  
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@ExploreFrance - <https://www.instagram.com/explorefrance/?hl=fr>

## May, Thursday 25<sup>th</sup>

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06h25 Take-off for Rodez on Ryanair flight FR6261  
07h55 Arrival in Rodez

Pick up rental car at the AVIS desk at the airport  
- Do not forget the AVIS rental voucher sent by e-mail otherwise you will have to advance the rental costs yourself.  
- You do not need to refuel at the end of the rental period, which is taken care of by the Regional Tourism Board of Occitanie Tourisme.  
***At your expense:*** Toll Road charges, parking, fines (such as speeding, parking, ...).

Departure for Villefranche de Rouergue (1 hour drive)

9h30/10h

Luggage deposit at the Fleurines hotel + Meeting with Gaëlle Cabady-Bosc Andrieu from the tourist office who will accompany you all morning.

Discovery of the **market of Villefranche de Rouergue**  
<https://nl.bastides-gorges-aveyron.fr/savourer/marches/marche-de-villefranche-de-rouergue/>

10h30 Climb to the bell tower of the **collegiate church Notre Dame**. Beautiful view of the city!  
<https://nl.bastides-gorges-aveyron.fr/patrimoine-culturel/clocher-de-la-collegiale-notre-dame/>

Discovery of the **Penitents Chapel** (visit if timing permits)  
<https://nl.bastides-gorges-aveyron.fr/impregner/sites-monuments-historiques/les-eglises-chapelles-et-abbayes-monasteres/chapelle-des-penitents-noirs/>

## **tourisme-occitanie.com**

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12h30 Lunch at the restaurant “**Jacques a dit**” with Gaëlle

- 54, Rue de la République, 12200 Villefranche-de-Rouergue - Tél. +33 (0)5 65 45 37 26 – [www.jacquedadit-restaurant.fr/](http://www.jacquedadit-restaurant.fr/)

14h00 Departure for Najac (30 minutes drive)

14h30 **Canoeing down the river**

The Aveyron river, born in Séverac-le-Château and flows into the Tarn. The section between Monteils, Najac and Laguépie, flows through beautiful, wild and charming wooded gorges.

Canoeing is one of the few ways to truly appreciate the beauty of the Aveyron.

The Petit Tour de Najac : This is the classic route of the Aveyron Gorges ! The Petit Tour de Najac allows a descent of 6kms in about 2 hours, with family or friends, all year long. This very playful descent is highly appreciated for its fitted out passages (stairs, slide, wave, slalom basin), but also its splendid views on the Fortress of Najac and its village.

- Base de pleine nature AAGAC, Le Païsserou, 12270 Najac, Tél. +33 (0)5 65 29 73 94 [www.activites-loisirs-aveyron.com/en-gb/](http://www.activites-loisirs-aveyron.com/en-gb/)

17h00 Stroll in **the village of Najac, classified among the Most Beautiful Villages of France**

On its promontory overlooking the Aveyron gorges by more than 150 meters, the village of Najac will surprise you. Since the Antiquity, its privileged position attracts the Men who came to find refuge there and to exploit its natural resources. Built on a ridge, the village extends over a long main street. At the top, the medieval fortress is integrated into a wild landscape where water, trees and rocks are combined. Faced with this perspective, you will certainly want to draw your camera...and we understand you!

<https://nl.bastides-gorges-aveyron.fr/impregner/villages-caractere/najac/>

18h-18h30

Departure for Villefranche de Rouergue (30 minutes drive)

19h30 Diner at the restaurant **Gaya** - (ok, réservé)

- 2 Rue de l'Hôtel Dieu, 12200 Villefranche-De-Rouergue -Tél. +33 (0)5 65 45 25 95 <https://restogaya.fr/>

Night at the Hotel **Les Fleurines** (ok, réservé)

- 17 Bd Haute Guyenne, 12200 Villefranche-de-Rouergue, +33(0) 5 65 45 86 90 - [www.lesfleurines.com/](http://www.lesfleurines.com/)

### **May, Friday 26<sup>th</sup>**

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09h30 Departure for Belcastel (40 minutes drive)

10h30 Discovery of **Belcastel village and its castle** (ok, réservé)

Meeting at the Tourist Office with Estelle.

Presentation and walk in the village of Belcastel with Estelle.

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## **Outdoor activities in Aveyron**

Located on the banks of the Aveyron River, this thousand-year-old village has managed to make the most of its history and heritage to make it one of the most popular destinations for visitors. Over time, **Belcastel** has become a privileged witness to the rich history that has shaped it over the centuries. Dominated by its 11th century castle, tastefully restored by Fernand Pouillon, the village invites you to travel back in time with the 15th century bridge that links the 15th century church and the village, its calades and many other testimonies of the past. Belcastel is an experience that invites you to discover, relax and escape.

- Maison des associations, 12390 Belcastel, +33(0)5 65 64 46 11
- Village of Belcastel : [www.tourisme-aveyron.com/en/discover/belcastel/touristic-guide](http://www.tourisme-aveyron.com/en/discover/belcastel/touristic-guide)
- Castle of Belcastel : [www.chateaubelcastel.com/home](http://www.chateaubelcastel.com/home)

12h Departure for Rignac (10 minutes drive)

12h15 Lunch at déjeuner Rignac – **Le Flaconneur**

The restaurant Le Flaconneur is located on the town hall square in Rignac

- 11 Place du Portail Haut 12390 Rignac, +33 (0)5 65 43 10 88 - <https://le-flaconneur.fr/>

13h30 Departure for Clairvaux d’Aveyron (20 minutes drive)

14h00 Park your car at the village hall in Clairvaux d’Aveyron. Meeting with Etienne Lacombe from the tourist office Conques Marcillac who will accompany you during the hike

**Hiking** “Le Puech du Puot”- duration of the hike: 2 h 00 - distance : 11 km

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**17 CLAIRVAUX  
LE PUECH DU PUOT**



Tour de Clairvaux

**LIGGING :** Vanuit Rodez D 840 richting Decazeville. In Valady linksaf op D 57 richting Clairvaux.

**PARKING :** Salle des fêtes in Clairvaux

<b>DUUR</b>	: 2 uren, 2 ½ uren met variant	
<b>LENGTE</b>	: 11 km	
<b>MOEILIKHEID</b>	: **	
<b>HOOGTVERSCHIL</b>	: 300 m	
<b>MARKERING</b>	: geel	

**Midden in de wijngaarden de heuvels van Clairvaux, Bréjoulis en Cassagnes vormen het grootste deel van het AOP Marcillac.**

- 1 Vanuit het salle des fêtes linksaf omhoog op de hoofdstraat richting het centrum van het dorp. Tegenover de deur van de toren rechtsaf. Ga iets onderaan verder op het rue du Fiou. Ga verder naar links op een brede pad. Na Dougnaguès volg de kleine weg naar links. In Bréjoulis ga langs de rechterkant van de kerk. Na 150 m neem rue Carrière Cave en ga linksaf tot aan Dalmenque.
- 2 Na de boerderij ga omhoog langs de beek van la Calconière tot aan het plateau. Op de hoogte van de boerderij van Is-salinie neem de haarspeldbocht naar links. Bij het tweede kruispunt ga rechtsaf en volg het pad voor 400 m.
- 3 Bij het kruispunt ga linksaf op het pad tot aan Panat. (300 m na het kruispunt mogelijkheid om naar links te gaan om op en neer te lopen naar het Puech de Piot – uitzicht op de dal van Clairvaux en het kasteel en wijngaard van Panat)
- 4 Op de hoogte van de kerk steek de straat over om de weg te nemen naar het château. Net voor het ingang neem linksaf het straatje tussen de huizen. Bij de laatste huizen ga verder op het pad dat steil omhoog gaat tot aan Clairvaux (glad in geval van regen).

**NIET TE MISSEN**  
Ondersnag : Dorpen van Clairvaux, Bréjoulis en Panat, Wijngaarden, Uitzichtpunt op de Ady dal. in de omgeving : Versterkte dorp Cassagnes-Comtaux, voorheen bezit van de graven van Rodez, Le Buene : Uitzichtpunt en bedevaartsplaats, Valady : Landhuis en oude dorp.

**EEN BEETJE GESCHIEDENIS**

**CLAIRVAUX**

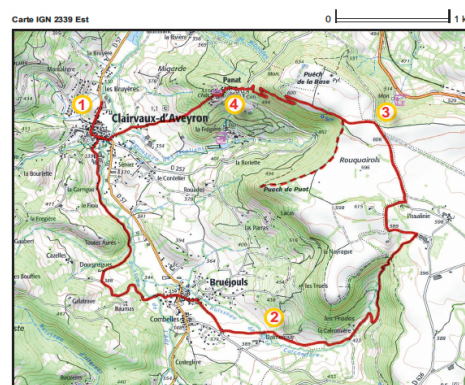
Je loopt deze middeleeuwse dorp binnen door een versterkte poort onder een gekartelde toren. In 1060 de prins Alboin van Engeland, pelgrim van Conques, sticht een klooster waarvan vandaag alleen de 12de-eeuwse kerk nog bestaat – ten dele herbouwd in de 17de eeuw – met twee altaarstukken. Je kunt het wijnbouwdorp ontdekken met zijn smalle straatjes, rode zandsteen huizen en de deuren van de wijnkelders.

**BRÉJOU LIS**

Typische dorp met rode zandsteen huizen. De gotische kerk gewijd aan Saint Roch, verbouwd in 1784, hing af van de abdij van Brantôme. In de 15de eeuw had het dorp een leprozenhuis. Niet te missen op de kerk plein de grootste «tassou» (wijnproever) van de wereld.

**PANAT**

Deze hoge dorp gebouwd van gele kalksteen, gekroonde door de 11de-eeuwse burcht - herbouwd in de 17de-eeuw - van de machtige familie Panat, waarvan het wapenschild nog te zien is op het blaas van Marcillac. Zijn romaanse kapel staat op de lijst van monumenten zorg.



[www.tourisme-conques.fr/fr/preparer-mon-sejour/sites-loisirs/f\\_randonnee-clairvaux-le-puech-du-puot-3256](http://www.tourisme-conques.fr/fr/preparer-mon-sejour/sites-loisirs/f_randonnee-clairvaux-le-puech-du-puot-3256)

[www.caravelis.com/xml/oi/TFO357493737698/TFO357493737698-17a/medias/pdf/randonnee-17-clairvaux-puech-du-pu.pdf](http://www.caravelis.com/xml/oi/TFO357493737698/TFO357493737698-17a/medias/pdf/randonnee-17-clairvaux-puech-du-pu.pdf)

16h30 Departure for Conques (30 minutes drive)

17h00 Arrival in Conques and meeting at the Conques tourist office

Discovery of the village accompanied by Sandra from the tourist office Conques Marcillac (45 minutes). Conques is classified “Most beautiful villages of France” on the route to Compostela.

- Conques 12320 Conques-en-Rouergue, Tél. +33 (0)5 65 72 85 00 - [www.tourisme-conques.fr/en](http://www.tourisme-conques.fr/en)

18h15-18h30

Departure for Saint Félix de Lunel (20 minutes drive)

19h Dinner and night : **Le Château de Lunel**

- Lieu Dit Lunel 12320 Saint Félix de Lunel, +33 (0)6 70 63 87 26 - [www.chateaudelunel.com/](http://www.chateaudelunel.com/)
- Coordonnées GPS : Latitude N44.55700 – Longitude E2.48847

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09h Departure for Bozouls (30 minutes drive)

9h30 Discovery of the Canyon of Bozouls

Meeting point at the town hall of Bozouls to get the 2 electric mountain bikes

- 2 Place de la Mairie, 12340 Bozouls - Tel. +33 (0)6.33.19.52.29 - +33 (0) 5.65.51.28.00

[www.bozouls.fr/fr/tourisme-decouvertes/les-randonnees/en-vtt-electrique](http://www.bozouls.fr/fr/tourisme-decouvertes/les-randonnees/en-vtt-electrique)



Electric bike ride in the canyon of Bozouls

Discover the Canyon of Bozouls, thanks to the electric mountain bikes. An exceptional environment, marked paths await you for an experience of nature accessible to all!

Circuit "PR 3 - LE DOURDOU : GORGES ET CORNICHES

Distance : 6.22km - duration : 2 h 00 - Markup : Yellow + PR3 signalétique

[www.visorando.com/randonnee-/1982566](http://www.visorando.com/randonnee-/1982566)



12h30 Lunch at **L'Oustal d'Aqui**

In the heart of the village of Bozouls, a simple and homemade cuisine with a warm atmosphere in the dining room and an exceptional view of the canyon on the terrace.

- 8, rue du Trou 12340 Bozouls, Tel. +33 (0)5 65 48 42 60

[www.tourisme-aveyron.com/fr/diffusio/restaurants/l-oustal-d-aqui-bozouls](http://www.tourisme-aveyron.com/fr/diffusio/restaurants/l-oustal-d-aqui-bozouls) TFO339606487620

14h30 Departure for Millau (1 hour drive)

15h30 Arrival in Millau

Visiting advice (free) : Aire du Viaduc de Millau

For the discovery of the Viaduct and the Aveyron. This unique area installed in the old Causses farm of Brocuéjous, is the ideal location to discover the viaduct of Millau, the Aveyron, its cultural and natural heritage.

[www.tourisme-aveyron.com/en/diffusio/sites-visit/aire-du-viaduc-de-millau-millau](http://www.tourisme-aveyron.com/en/diffusio/sites-visit/aire-du-viaduc-de-millau-millau) TFO181586518605

Free time

18h **Paragliding flight with Airzone (if the weather permits)**. Fly over Millau and the Grands Causses in Paragliding. Meeting point : Golf Café

- Route de Millau Plage 12100 Millau, Tél. +33 6 60 84 76 23 - <http://airzone-parapente.com/>

20h Dinner at **the Mangeoire restaurant**

Under the stone vaults of the old ramparts, you can taste meat, fish and pieces of game, grilled over the fireplace

- 10 boulevard de la Capelle 12100 Millau, +33 (05 65 60 13 16 - [www.restaurantmillau.com](http://www.restaurantmillau.com)

Nuit **Hôtel La Capelle**

- 7, place de la Capelle 12100 Millau, +33 (0)5 65 60 14 72 - [www.hotel-millau-capelle.com/](http://www.hotel-millau-capelle.com/)

### **May, Sunday 28<sup>th</sup>**

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9h30 Meeting at 9:30 am at the Evolution 2 reception chalet on the Place du 19 Mars in Creissels

Discover the **Stand Up Paddle**, a fun and sporty activity (duration of the activity : 1 hour)

- Place du 19 mars 12100 Creissels, Tel. +33 (0)5 65 59 12 41 - <https://evolution2-millau.com/en>

11h Departure for Rodez (1 hour drive)

12h30 Lunch at the restaurant **Le Colibri** - Rodez

Taste dishes based on seafood products but nevertheless remain rooted in the land of Aveyron.

- Avenue Victor Hugo 12000 Rodez, +33 (0)5 65 68 56 21 - <https://lecolibri-rodez.fr/>

14h Free walk in the historical centre of Rodez

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- 14h30 Departure for Rodez airport (20 minutes drive)
- 15h00 Return of the rental car at the AVIS desk at the airport
- 15h15 Check-in for Charleroi on Ryanair flight FR6262
- 16h25 Take-off
- 18h00 Landing in Charleroi

**We hope you enjoyed your stay!**

This press trip was organised in partnership with the Occitanie Regional Tourisme Board and Aveyron Tourism and Atout France Netherlands, we thank you for mentioning our sites in your future articles:

Destination Occitanie : [www.tourisme-occitanie.com](http://www.tourisme-occitanie.com)

Tourisme Aveyron : [www.tourisme-aveyron.com/fr](http://www.tourisme-aveyron.com/fr)

Atout France Pays-Bas : [www.france.fr/nl](http://www.france.fr/nl)

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