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Verena ASSER
Guido BOOGERT

If you are running late, please inform the contact person indicated in the program below.

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Outdoor activities, natural sites & handcraft

June Thursday 15th, 2023

06h35 Take-off from Amsterdam to Paris CDG
07h55 Arrival Paris CDG
09h10 Take-off from Paris
10h10 Arrival in Clermont-Ferrand

10h30 Pick up rental car at the NATIONAL desk at the airport.
Do not forget the AVIS rental voucher sent by e-mail otherwise you will have to advance the rental fee yourself.

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Destination

Occitanie

Comité Régional du Tourisme et des Loisirs

Press Trip

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- You do not need to refuel at the end of the rental period, which is taken care of by the Regional Tourism Board of Occitanie.

At your expense: Toll Road charges, parking, fines (such as speeding, parking, ...).

11h Drive to Langogne in the Lozère area

→ 160 km – 2h10

13h-15h

Lunch in Langogne at the Table du Lac restaurant

Created in 2016 by Thibaut Poudevigne, the restaurant offers you the pleasure of traditional French and Lozère cuisine prepared with fresh, local produce all in a gentle, warm mountain atmosphere. Welcome home! The restaurant is ideally situated on the banks of Lake Naussac and perfect for family meals.

LA TABLE DU LAC

Lac de Naussac, 48300 LANGOGNE

+33 4 66 46 91 86 - www.lozere-tourisme.com/la-table-du-lac/langogne/reslar048v508ljd

15h30-17h00

Electric scooter on Lake Naussac with Rondin Parc

Welcome to the Rondin Parc leisure park on the shores of the Grand Lac de Naussac. At Le Rondin Parc they offer a multitude of outdoor activities, with 3 areas in one!

1. An aerial area with the accrobranching (tree climbing) comprising almost 150 high-level games and its elf area accessible from age 3. Fun and thrills guaranteed!
2. A nautical area with a FFV-affiliated sailing school where you can hire paddles, giant paddles, canoes, pedal boats, windsurf boards and catamarans, or learn to sail with one of our qualified instructors.
3. A nature area where you can enjoy electric scooter rides, treasure hunts, a nature trail and mountain bike hire.

LE RONDIN PARC

Palhères, 48300 ROCLES

+33 4 66 69 50 46 - www.lozere-tourisme.com/le-rondin-parc/rocles/loilar048v506o5o

Late afternoon:

Short walk along the lakeshore on the new "Rougeyre" path. GPS point at the start of the walk:

<https://goo.gl/maps/bSmDthi91xgGvJ346> - GPS : 44.756325, 3.804388

Park at the parking next to the picnic tables. Go near the lake and follow the little trail on your left hand. You can walk as much as you wish for 10 min, for 30 min, for 1 hour, Please keep in mind that you must go back and pick up your car.

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Site de Montpellier (siège)

64, rue Alcyone · CS 79507 · F · 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 · contact@crtoccitanie.fr

N° SIRET 83203963000013 - APE 7990Z

Site de Toulouse

15 rue Rivals · CS 78543 · F · 31685 Toulouse Cedex 6
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19h00 Dinner and overnight stay at the Tonelier Restaurant in Naussac

Located by the lake. Whether you're in the dining room or on the terrace, you'll enjoy an exceptional panoramic view of Lake Naussac. Traditional family cuisine. Fresh local produce.

LE TONNELIER

Lac de Naussac, 48300 NAUSSAC-FONTANES

+33 4 66 69 29 62 - www.lozere-tourisme.com/le-tonnelier/naussac-fontanes/reslar048fs000sl

→ 21 km - 20 minutes

Overnight stay: Hotel de la poste in Chateauneuf

Far from the hustle and bustle of the cities, in a beautiful, peaceful corner of the Margeride in Lozère, run for 140 years by the same family, the Hôtel de la Poste offers its visitors good food, welcoming accommodation and real happiness.

HOTEL DE LA POSTE

L'Habitarelle, 48170 CHATEAUNEUF-DE-RANDON

+33 4 66 47 90 05

www.lozere-tourisme.com/hotel-de-la-poste/chateauneuf-de-randon/hotlar0480000084

June Friday 16th, 2023

08h50 Departure for Mende

→ 28 km – 30 minutes – *Please count 10 minutes extra for the parking in Mende.*

9h30 – 10h45

Discovering in English of the Musée du Gévaudan in Mende, ask for **Valentine Grindal** at the reception.

A witness to the history of the Lozère, the Musée du Gévaudan invites you on a journey between culture and nature. In the heart of the town of Mende, from the earliest evidence of life to the present day, you can immerse yourself in a place of life, discovery, sharing and conviviality. The Musée du Gévaudan covers 1,200 m² on three levels. The permanent exhibition is on the first floor. Rich, diverse and accessible to a wide audience, it features over 500 items selected from the 16,000 in the museum's collection. The tour is divided into twelve rooms, allowing visitors to discover the collections through the prism of two themes: Nature & Culture.

MUSÉE DU GÉVAUDAN

3 Rue de l'Épine, 48000 MENDE

+33 4 66 49 85 85 - www.lozere-tourisme.com/musee-du-gevaudan/mende/pcular048v50fjcy

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Press Trip

Verena & Guido

June 15th to 18th

Outdoor activities in Lozere

→ 23 km - 40 minutes

11h30 - 12h00

Discover the Domaine Départemental de Boissets. As well as offering an exceptional panoramic view of the Gorges du Tarn and the village of Sainte-Enimie, the site gives visitors the chance to find out more about the rural life of the Causses and to showcase this estate, bequeathed by the Malafosse family to the Département de la Lozère and three local hospitals in 1970.

Domaine départemental de Boissets

48210 Gorges du Tarn Causses

<https://lozere.fr/la-collectivite/le-conseil-departemental/proprietes-departementales/le-domaine-de-boissets.html>

→ 15 km – 30 minutes

12h30 – 14h30

Lunch at the 5 arches in Castelbouc

Come and sit back and enjoy one of the best views of the Gorges du Tarn! We'll be serving a range of dishes and drinks from the local produce circuit. We'll be showcasing products from the Lozère region, in tapas and home-made dishes, as well as ice creams, lemonades, beers and syrups...

AUX CINQ ARCHES

Panorama de Castelbouc

Route de Prades

48210 GORGES DU TARN CAUSSES

+33 4 66 44 20 18

www.lozere-tourisme.com/aux-cinq-arches/gorges-du-tarn-causses/reslar048v50e46l

→ 18 km - 30 minutes

15h – 16h30

Visite de l'Atelier Tuffery

France's oldest denim manufacturer since 1892 Atelier TUFFERY has been awarded the "Entreprise du Patrimoine du Vivant" (Living Heritage Company) label for its historic craftsmanship. Established in Florac since 1892, four generations of fathers and sons have succeeded one another in making France's oldest jeans. The workshop follows a slow-fashion approach that respects the environment. The washes are made in an environmentally friendly way in France. Raw materials are chosen as close as possible to the workshop, limiting the carbon footprint. Jeans are produced according to variations in demand, avoiding overproduction.

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Site de Montpellier (siège)

64, rue Alcyone • CS 79507 • F • 34960 Montpellier Cedex 2
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ATELIER TUFFERY

ZA St Julien du Gourg

48400 FLORAC TROIS RIVIERES

+33 4 66 45 00 94

www.lozere-tourisme.com/atelier-tuffery/florac-trois-rivieres/pcular048v50a7bh

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Outdoor activities in Lozere

16h45 – 18h15

End of the day: Self-guided tour of Florac with Baludik in English. Available on the play store and apple store : https://baludik.fr/balades/fiche_balade_parcours-b1503-sur_les_traces_de_tistou_le_petit_berger-florac_trois_rivieres-lozere-48

In case of bad weather: discovery of the Parc National des Cévennes house and the Maison des Causses et Cévennes UNESCO.

20h00 Dinner and overnight stay at the Gorges du Tarn l'Adonis hotel in Florac

Make the most of a stopover in the capital of the Cévennes National Park to discover Martial Paulet's restaurant. A lifelong lover of the art of cooking, the chef is sure to delight your taste buds with his seasonal selection of local flavours.

Building on its reputation, the Adonis restaurant invites you to share a gourmet moment over refined dishes made with local and organic produce. Always attentive to your needs, Martial will adapt to your requests.

The chefs suggestion : Pélardon Raviole !

RESTAURANT L'ADONIS

48 rue du Pêcheur, 48400 FLORAC TROIS RIVIERES

+33 4 66 45 00 63

www.lozere-tourisme.com/restaurant-l-adonis/florac-trois-rivieres/reslar048fs000q2

June Saturday 17th, 2023

09h10 Departure from Florac to Hures-La-Parade

→ 35 km – 50 minutes

10h – 11h

Morning visit to Causse narde farm and Gaec de Hyezas farm

More than just a visit, the Ferme Causse narde d'Autrefois is first and foremost an intergenerational adventure for families, couples, or groups. Younger visitors will enjoy sharing a treasure hunt with the adults, as well as the traditional games of yesteryear (sack races, tug-of-war, skittles, etc.) and, at certain times of the year, the presence of rabbits, hens, and sheep. Adults will discover just how much we must learn from our ancestors. It was a world far removed from today's everyday life, a life of hard work with few distractions but plenty of authenticity, in which saving water and electricity and reusing and repairing objects were the order of the day.

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FERME CAUSSENARDE D'AUTREFOIS

Hameau de Hyelzas, 48150 HURES-LA-PARADE

+33 4 66 45 65 25

www.lozere-tourisme.com/ferme-caussenarde-d-autrefois/hures-la-parade/pccular0480000261

11h-12h

Visit to the Gaec de Hyelzas farm + Ice cream test

Immerse yourself in a sensory experience, come and meet our ewes and discover our work throughout the seasons. Today's farm, the GAEC de Hyelzas, is the continuation of a story that began a long time ago. We are passionate about following in the footsteps of our ancestors working on the caussenarde farms of yesteryear, and this profession enables us to pass on our values, preserve our land and provide you with healthy food.

We work in respect and harmony with nature, which enables us to supply quality milk to the Le Fedou cheese dairy. We are part of a flour production chain that guarantees the preservation of old varieties of high-quality wheat. And above all, we work every day to maintain the landscape that is so dear to us.

FERME DU GAEC DE HYELZAS

ronde des Papillons

48150 HURES-LA-PARADE

+33 6 71 70 96 14

www.lozere-tourisme.com/ferme-du-gaec-de-hyelzas/hures-la-parade/pccular048v50aeih

→ 30-minute drive

IF THE WEATHER IS GOOD, this will be confirmed on the programme on Tuesday 13 if there are any changes:

12h30 to 14h30 lunch at the manoir de montesqjou

*14h30 pm to 18h00: paddle down the Gorges du Tarn, from La Malène to the Cirque des Baumes
30 min drive*

19h00 overnight stay and dinner at Le Rozier hotel restaurant l'Alicanta

12h30-14h30

Lunch at the restaurant Château d'Ayres in Meyrueis

A fortified monastery from the 12th century, then a seigniorial residence of the Nogaret family, the Château d'Ayres has been a renowned hotel-restaurant for fifty years with gourmet cuisine where the Queen Blanche of Castile and General de Gaulle stayed.

CHATEAU D'AYRES

Ayres, 48150 MEYRUEIS

+33 4 66 45 60 10 - www.lozere-tourisme.com/chateau-d-ayres/meyrueis/hotlar0480000072

→ 21 km - 30 minutes

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15h-16h30

Visit in english of the Grotte de Dargilan

Between Mont Aigoual, the Gorges du Tarn and the Millau Viaduct, discover the largest cave in the Causses and Cévennes, with its unique drapery (2,000m²) and highly accentuated natural colours. The Dargilan cave, a 3starred listed site, offers a 1 km journey through an enchanted world, with a diversity of concretions and natural colours (pink cave) that will leave you with unforgettable memories...

New dynamic LED lighting has been installed to further protect the cave and reveal its many colours, hitherto unsuspected details and grandiose volumes.

GROTTE DE DARGILAN

Dargilan, 48150 MEYRUEIS

+33 4 66 45 60 20 - www.lozere-tourisme.com/grotte-de-dargilan/meyrueis/loilar048v508enp

→ 24 km - 30 minutes

17h-18h30

Picture spot : Le Rocher de Capluc

Park your car just here: 44.192453, 3.211240 - <https://goo.gl/maps/JX8ueC81vCQ7f4ZC6>

And continue to the top the the "Rocher de Capluc" <https://goo.gl/maps/HHXxCXzWdUSK1Kns7>

You will need to climb ladders to get up there. The view is astonishing!

LE ROCHER DE CAPLUC

48150 LE ROZIER - www.lozere-tourisme.com/le-rocher-de-capluc/le-rozier/poilar048v509qtv

48150 LE ROZIER - www.lozere-tourisme.com/le-rocher-de-capluc/le-rozier/poilar048v509qtv

19h00 Overnight stay and dinner in Le Rozier, hotel restaurant l'Alicanta

Flore welcomes you to a bright dining room opening onto a terrace overlooking the Jonte river. Guillaume, Maître Restaurateur, prepares refined and original home-cooked dishes at reasonable prices. Listed in the BIB gourmand 2021 and ideally situated at the confluence of the Tarn and Jonte rivers in Le Rozier, the Hôtel Doussière restaurant, L'Alicanta, offers you a delicious and relaxing break. You'll be seated in a delightful and pleasantly appointed setting.

On the menu, the chef will prepare rich, tasty French cuisine. On the menu, you'll discover or rediscover delicious local produce. Suggestions include filet of trout meunière, lamb parmentier or the house speciality, beef roulade...

RESTAURANT L'ALICANTA - HOTEL DOUSSIÈRE

Restaurant l'Alicanta

Route de Meyrueis, 48150 LE ROZIER

+33 5 65 62 60 25

www.lozere-tourisme.com/restaurant-l-alicanta-hotel-doussiere/le-rozier/reslar048fs000w7

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June Sunday 18th, 2023

→ 30 min de route

9h30 – 10h00 Picture Spot : Le Point Sublime

Situé à 870 m d'altitude, le site classé du "Point Sublime" est un des endroits dans les gorges du Tarn les plus fréquentés. Situé sur le Causse de Sauveterre, le Point-Sublime est un belvédère qui offre aux visiteurs le spectacle de ces merveilleuses falaises ocre plongeant dans les eaux émeraude du Tarn.

Au pied, soit plus de quatre cents mètres plus bas, le Tarn fait un virage à angle droit et ce 'caprice' permet au visiteur de prendre les gorges en enfilade, et vers l'est, et vers le sud. En face, les corniches abruptes du causse Méjean donnent la touche finale au caractère des lieux et complètent ce magnifique tableau digne des plus grands artistes.

PANORAMA DU POINT SUBLIME

48500 MASSEGROS CAUSSES GORGES

<https://www.lozere-tourisme.com/panorama-du-point-sublime/massegros-causses-gorges/pnalar048fs0000d>

→ 40 minutes de route

10h40 à 11h15 picture spot : the town of Saint-Chély-du-Tarn

En bordure du Tarn, le village de Saint-Chély-du-Tarn dispose de plusieurs atouts. Authentique et en harmonie avec le patrimoine naturel, son pont ainsi que le moulin de Cénaret sont photographiquement intéressants. Vous pourrez composer votre image en fusionnant ce patrimoine à la fois culturel et naturel.

VILLAGE SAINT CHÉLY DU TARN

48210 GORGES DU TARN CAUSSES

<https://www.lozere-tourisme.com/village-saint-chely-du-tarn/gorges-du-tarn-causses/poilar048v509qus>

→ 45 min de route

12h00 - 13h30 Brunch sweet and salty in Mende at the restaurant Beurre-Noisette

The restaurant is situated in the middle of Mende. Park yourself on "Le Foirail" in Mende. It's the big parking next to the Tourism office of Mende.

BEURRE NOISETTE MENDE

9 Pl. de la République

48000 Mende

+33 4 48 25 02 08

<https://www.beurrenoisette-mende.fr/>

→ 3h30 de route

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17h30 Return rental car at the NATIONAL desk in the airport of Lyon
Check-in on KLM flight KL1418 to Amsterdam
18h20 Take-off
20h05 Arrival in Amsterdam

We hope you enjoyed your stay!

This press trip was organised in partnership with the Occitanie Regional Tourisme Board and Lozère Tourism, we thank you for mentioning our sites in your future articles:

Destination Occitanie : www.tourisme-occitanie.com

Lozère Tourisme : www.lozere-tourisme.com

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