

Lozère

The Spectator – Sean Thomas
September 11 to 15



lozère
TOURISME

Summary

- Monday 11 September 4
- Tuesday 12 September 5
- Wednesday 13 September 6
- Thursday 14 September 8
- Friday 15 September 9
- Notes 11
- Press Contact..... 12
- More info on..... 12

Monday 11 September

Arrival 14h10

1h30 by car to Nasbinals from the airport

17h-18h30 : Visit of Nasbinals by yourself or with the baludik app (available on the app store or play store)

Nasbinals, whose roots go back to the Middle Ages, offers great natural and cultural wealth. It is a typical Aubrac village where basalt and granite buildings coexist.

In the heart of the village stands the majestic Sainte-Marie church, a historic monument since 1921.

There is also a statue dedicated to the most famous bonesetter, Pierre Brioude dit Pierrounet. His reputation was such that people came from all over France and even overseas to consult him.

Nasbinals occupies a central place on the granite plateau of Aubrac. The village is surrounded by numerous fence walls and granite and basalt burons, former shepherds' shelters where they made cheese.

VILLAGE DE NASBINALS

48260 NASBINALS

https://baludik.fr/balades/fiche_balade_parcours-b1915-find_pierrounet_the_bonesetter_of_nasbinals-nasbinals-lozere-48

<https://www.lozere-tourisme.com/village-de-nasbinals/nasbinals/pcular048v50c2ip>

5 min by car

Picture spot : The "Pont des Nègres"

On the Route des Lacs, in the middle of the green landscapes of Aubrac, enjoy the sparkling waters of the Pleches, a tributary of the Bès.

Below a pretty granite bridge, called Pont des Nègres, on the D52, relax with your feet in the water, admiring the basalt giants' causeway which lines the edge of the river. A geological curiosity of the region!

GPS Point : 44.623283, 3.070102 / <https://goo.gl/maps/5po7rmddVHjyhXLL8>

<https://www.lozere-tourisme.com/la-chaussee-des-geants/marchastel/poilar048v50c1rv>

5 min by car

Picture spot : The Saint Andeol Lake

This lake gives off a very special atmosphere in dim light, it connects us to the elements. Don't you already feel the breeze brushing your cheek? He, his magic tree and his masterful cross are among the unmissable attractions. Different and mystical in each season, its shore stands out in spring by displaying a dress of daffodils.

GPS Point : 44.616143, 3.083948 / <https://goo.gl/maps/9U3D2jcZhjcnSBxJ9>

<https://www.lozere-tourisme.com/lac-saint-andeol/marchastel/poilar048v509qdw>

Night and diner at the Hotel Restaurant La Route d'Argent

Bastide stays welcome you to their 3 hotels in Nasbinals. The La Route d'Argent hotel-restaurant is located in the heart of the village. It is the ideal meeting point between vacationers and locals. The restaurant will serve you local cuisine: Charcuterie de Pays, Aligot, Beef d'Aubrac, but also its specialties: Sweetbreads and Saint-Jacques among others.

HÔTEL-RESTAURANT LA ROUTE D'ARGENT**

Le Village

48260 NASBINALS

+33 4 66 32 50 03

<https://www.lozere-tourisme.com/hotel-restaurant-la-route-d-argent/nasbinals/hotlar048000126>

Tuesday 12 September

35 min by car

9:30 to 11:15 : Visit of Marvejols by yourself with the app Baludik (download baludik on your phone)

What about discovering this town rich in history with Céleste, a magician who will introduce you to some renowned people from Marvejols and their history. Fulfil the given missions to meet them.

CENTRE HISTORIQUE DE MARVEJOLS

48100 MARVEJOLS

https://baludik.fr/balades/fiche_balade_parcours-b2071-

[celeste_and_the_renowned_people_of_marvejols_the_beauty_of_the_gevaudan-marvejols-lozere-48](https://baludik.fr/balades/fiche_balade_parcours-b2071-celeste_and_the_renowned_people_of_marvejols_the_beauty_of_the_gevaudan-marvejols-lozere-48)

40 min by car

12:00 to 14:00 Lunch in Le Malzieu-Ville "Chez Pierrot" with Julian Suau from Lozère Tourisme

Savor the home-made dishes of Chez Pierrot in Lozère

They will welcome you in their restaurant Chez Pierrot in Malzieu-Ville. They will offer you homemade cuisine using fresh and local products.

BAR CHEZ PIERROT

Place du Foirail

48140 LE MALZIEU-VILLE

+33 4 66 31 63 88

<https://www.lozere-tourisme.com/bar-chez-pierrot/le-malzieu-ville/reslar048v50btua>

14:00 to 15:00 Visit of Le Malzieu-Ville with the Tourism Office, center of the Beast of Gévaudan attacks

Meeting point at the Tourism Office :

Office de Tourisme Margeride en Gévaudan - Bureau du Malzieu-Ville

Tour de Bodon, Rte de Saint-Chély, 48140 Le Malzieu-Ville

<https://www.lozere-tourisme.com/cite-medievale-du-malzieu/le-malzieu-ville/pcular0480000322>

50 min by car

16:00 to 17:30 visit of the Museum of Gévaudan

Witness to the history of Lozère, the Gévaudan Museum invites you on a journey between culture and nature. In the heart of the town of Mende, from the first testimonies of life to the present day, you immerse yourself in a place of life, discovery, sharing and conviviality.

The Gévaudan Museum covers 1,200 m² spread over three levels. The permanent exhibition occupies the first floor. Rich, diversified and accessible to a wide audience, it brings together more than 500 pieces selected from the 16,000 in the collection. The tour is broken down into twelve rooms allowing you to discover the collections through the prism of two themes: Nature & Culture.

MUSÉE DU GÉVAUDAN

3 Rue de l'Épine

48000 MENDE

+33 4 66 49 85 85

<https://www.lozere-tourisme.com/musee-du-gevaudan/mende/pcular048v50fjcy>

Night and diner in Mende at the Hotel de France

Located in the city center of Mende, starting point for numerous excursions and tourist circuits, the Hôtel de France is a former coaching inn whose traditional architecture will not leave you indifferent. It has 38 renovated, comfortable and fully equipped rooms.

HOTEL DE FRANCE

9 boulevard Lucien Arnault

48000 MENDE

+33 4 66 65 00 04

<https://www.lozere-tourisme.com/hotel-de-france/mende/hotlar0480000115>

Wednesday 13 September

9 :00 to 10 :00 Visit of Mende with the guide Geraud Boyer (Start Point at the Tourism Office of Mende)

In the heart of Lozère, the former capital of the province of Gévaudan and current prefecture of Lozère has nothing to envy of its neighbors. The most populated city in the department, its history over the centuries makes it an essential stopover during your stay in Lozère. Discover its heritage, its historic center, its surroundings and its cause, rich in history.

Office de Tourisme Mende Cœur Lozère

2 Pl. du Foirail,

48000 Mende

+33 6 77 00 97 25

+33 4 66 94 00 23

<https://www.mende-coeur-lozere.fr/decouvrir-lessentiel/mende-et-le-coeur-de-lozere/centre-historique-de-mende/>

10 min by car

10:15 to 10:30 : Picture spot Croix du mont Mimat

The Mont-Mimat cross is located on the Mende plateau.

It overlooks the town of Mende from its south side at more than 1000 meters above sea level.

A panoramic view overlooking the town and the Margeride mountains, to the north of Lozère, awaits you. An observation table is at your disposal to help you get your bearings.

PANORAMA DE LA CROIX DU MONT MIMAT

CROIX DU MONT MIMAT

48000 MENDE

+33 4 66 94 00 23

<https://www.lozere-tourisme.com/panorama-de-la-croix-du-mont-mimat/mende/pnalar048v50adjx>

30 min by car

11 :00 to 12 :00 : La Cham des Bondons Megaliths

Park your car here : <https://goo.gl/maps/moUjyUFiAXbSuQpf7>

GPS Point : 44.414148, 3.595203

And head to this point by the trail to discover some of the megaliths and an interesting dolmen :

<https://goo.gl/maps/YsHBVwqYgEVAouB16>

GPS Point : 44.411096, 3.589663

Then go back to your car and head to this point where you will have a nice view on the « puechs » of the Bondons (the two little mountains) : <https://goo.gl/maps/UA4A7Fe7pmtrC9yH8>
GPS Point : 44.404029, 3.613220

<https://www.lozere-tourisme.com/cham-des-bondons/les-bondons/poilar048v509qfu>

25 min by car (pass by the road called "D135")

12h30-14h00 : Lunch at Cévennes in the Box

Treat yourself to a wonderful moment of sharing, conviviality and deliciousness at Cévennes in the box! A unique and atypical place that celebrates local products, the short circuit and good eating between Cévennes and Mont Lozère. A restaurant - bistro also welcomes you all year round to offer you original and simple, local and friendly cuisine: producer's dish of the day, homemade savory and sweet waffles, aperitif boards, local ice creams and sorbets, herbal tea bar, large choice of craft beers etc.

CEVENNES IN THE BOX

Quartier le Chambon

Ancienne Gendarmerie

48220 PONT DE MONTVERT - SUD MONT LOZERE

+33 6 59 71 33 37

<https://www.lozere-tourisme.com/auberge-des-cevennes/pont-de-montvert-sud-mont-lozere/hotlar048000038>

25 min by car

14h30-15h30 : Visit by with Anouk Armandet of Le Pont-de-Montvert

Meeting at the Tourism Office next to the Bridge in Le Pont-de-Montvert.

Contact : +33 4 66 45 81 94

<https://www.lozere-tourisme.com/le-pont-de-montvert/pont-de-montvert-sud-mont-lozere/pocular048v508sbp>

30 min by car to Florac

16h-18h00 : visit of Florac by yourself with the app BALUDIK (download it on your phone)

In order to discover the old districts of the burg, what could be better than run after a lost sheep. You will therefore be helping Tistou, the young legendary shepherd to get hold of it.

The route is 2km.

Park yourself at the Tourism Office to start your visit with the app

MAISON DU TOURISME ET DU PARC NATIONAL DES CÉVENNES

Place de l'Ancienne Gare

48400 FLORAC TROIS RIVIERES

https://baludik.fr/balades/fiche_balade_parcours-b1566-

[looking_for_the_sheep_of_tistou_shepherd-florac_trois_rivieres-lozere-48](https://baludik.fr/balades/fiche_balade_parcours-b1566-)

Dîner and night at Hotel Gorges du Tarn

Take advantage of a stopover in the capital of the Cévennes National Park to discover Martial Paulet's table.

A lifelong lover of cuisine, the chef will know how to make your taste buds sing with happiness according to the seasons with local flavors.

Building on its reputation, the Adonis restaurant invites you to share a gourmet moment around refined dishes made from local and organic products. Always attentive to your needs, Martial will know how to adapt to your requests.

The chef's suggestion: Pélardon Raviole!

RESTAURANT L'ADONIS

48 rue du Pêcher

48400 FLORAC TROIS RIVIERES

+33 4 66 45 00 63

<https://www.lozere-tourisme.com/restaurant-l-adonis/florac-trois-rivieres/reslar048fs000q2>

Thursday 14 September

9h30 to 11h15 : visit of Atelier Tuffery, the oldest creator of Jeans made in France (since 1892)

The oldest French denim manufacturer.

Labeled a living heritage company, Atelier TUFFERY defends historical craftsmanship. Established in Florac since 1892, four generations of fathers and sons succeed to manufacture the oldest French jeans.

The workshop follows a slow-fashion approach, respecting the environment. The washes are made in an ecological way in France. The raw materials are chosen as close as possible to the workshop, limiting the carbon footprint. The jeans are produced according to the variation in demand, avoiding overproduction.

ATELIER TUFFERY

ZA St Julien du Gourg

48400 FLORAC TROIS RIVIERES

+33 4 66 45 00 94

<https://www.lozere-tourisme.com/atelier-tuffery/florac-trois-rivieres/pcular048v50a7bh>

40 min by car

12 :00 to 14 :00 Lunch in Sainte-Enimie at the Auberge du Moulin

In the village of Sainte-Enimie itself, characterful local stone house, renovated into a hotel-restaurant. The bedrooms look out over the Tarn and the garden. On the shaded terrace or near the fireplace, you will appreciate the good taste of homemade regional cuisine.

AUBERGE DU MOULIN

Village

48210 GORGES DU TARN CAUSSES

+33 4 66 48 53 08

<https://www.lozere-tourisme.com/auberge-du-moulin/gorges-du-tarn-causses/hotlar0480000109>

14:00 to 15:30 : visit of Sainte-Enimie by yourself or **with the app baludik**

It is one of the most beautiful villages in France thanks to its medieval side and its adaptation to the gorges which surround it, Sainte-Enimie is all old cobbled streets and arched passages, dotted with wide staircases and pretty terraces which contribute generously to its charm.

From its former monastery you can see the refectory, a beautiful Romanesque chapter house. The Romanesque church of Notre-Dame-du-Gourg, from the 14th century, has undergone some transformations. Admire the beautiful vault of its apse and the statue of Saint Anne, alongside contemporary ceramics illustrating the history of the founding of the town. The old village has preserved a wheat market and its grain measure.

CITÉ MÉDIÉVALE DE SAINTE-ENIMIE

48210 GORGES DU TARN CAUSSES

+33 4 66 45 01 14

https://baludik.fr/balades/fiche_balade_parcours-b1567-the_legend_of_sainte_enimie-sainte_enimie-lozere-48

<https://www.lozere-tourisme.com/cite-medievale-de-sainte-enimie/gorges-du-tarn-causses/pular048fs0001v>

30 min by car

16 :00 to 17 :00 Boatmen of the Gorges du Tarn

Before the creation of the road in 1905, this means of transport was once used for people, animals and goods alike. Today, it allows visitors to discover the most beautiful part of the Gorges. Departing from La Malène, the boatmen take you on 8 km of turquoise water profiled in the heart of the steepest part of this famous canyon.

LES BATELIERS DES GORGES DU TARN

48210 LA MALENE

+33 4 66 48 51 10

<https://www.lozere-tourisme.com/les-bateliers-des-gorges-du-tarn/la-malene/loilar048v5049v8>

Night and Diner in La Malène at the Manoir de Montesquiou

In the heart of the Gorges du Tarn and on the edge of the Cévennes National Park, the Manoir de Montesquiou offers 12 charming rooms, as different and atypical as they are romantic. Also discover its friendly and warm table around local products and regional wines that you can taste on summer evenings on the terrace of the Manor facing the foothills of the Causses.

MANOIR DE MONTESQUIOU

Château de La Malène

48210 LA MALENE

<https://www.lozere-tourisme.com/manoir-de-montesquiou/la-malene/hotlar0480000075>

Friday 15 September

20 min by car

9 :00 to 9 :15 Roc des Hourtous Spot picture

On the edge of the Causse Méjean, the belvedere takes shape below the narrowest part of the Gorges du Tarn: The Straits.

You will be able to observe the flight of vultures.

PANORAMA DU ROC DES HOURTOUS

Rieisse

48120 LA MALENE

<https://www.lozere-tourisme.com/panorama-du-roc-des-hourtous/la-malene/pnalar048fs0000c>

45 min by car

10 :00 to 11 :30 : Guided visit of Dargilan's Cave

Between Mont Aigoual, Gorges du Tarn and Viaduc de Millau, discover the largest cave in the Causses and the Cévennes: its drapery unique in the world (2000m²), its very accentuated natural colors. Over a 1 km course in a magical world, the Dargilan cave, a *** classified site, seduces with the diversity of its concretions and its natural colors (pink cave) and leaves an unforgettable memory. New LED-dynamic lighting has made it possible, while protecting it even more, to reveal this cavity of a thousand colors, its hitherto unsuspected details and its grandiose volumes.

GROTTE DE DARGILAN

Grotte de Dargilan

48150 MEYRUEIS

+33 4 66 45 60 20

<https://www.lozere-tourisme.com/grotte-de-dargilan/meyrueis/loilar048v508enp>

30 min by car

12 :30 to 14 :30 Lunch : restaurant les Douze (de la Jonte)

Discover typically regional cuisine. Manu, Cyril and their team are guarantors of a local tradition and it is at the table that we can appreciate the most famous dishes of local gastronomy.

RESTAURANT DE LA JONTE

les douzes

48150 MEYRUEIS

<https://www.lozere-tourisme.com/restaurant-de-la-jonte/meyrueis/reslar048fs000oh>

Afternoon (as you want) : the house of the vultures visit

MAISON DES VAUTOURS

Le Truel

D 996 entre le Rozier et Meyrueis

48150 MEYRUEIS

<https://www.lozere-tourisme.com/maison-des-vautours/meyrueis/loiloz048fs0005a>

Then road to Rodez

Press Contact

Julian Suau – Chargé de promotions et Relations Presse :

- +33 4 66 65 60 14
- +33 6 45 56 99 87
- j.suau@lozere-tourisme.com

More info on

Pour ne manquer aucun événement lozérien, suivez-nous sur Facebook (@lozeretourisme). Et pour découvrir les clichés de nos followers, c'est sur Instagram que ça se passe (@lozeretourisme) !

Pour partager vos photos sur les réseaux sociaux, merci de bien vouloir utiliser les # suivants : #lozeretourisme #lozerephoto #lozerenaturellement.

Rendez-vous aussi sur notre site, et plus particulièrement sur page [lozere-tourisme.com/photos](https://www.lozere-tourisme.com/photos) , où vous trouverez une liste des plus beaux spots photos du département.

Bon séjour, en **Lozère,**
naturellement !

