



Press Trip

From 18 of April to 21st
Castres and Sidobre : Between Rugby and way of life
Magazine Rugby Journal

Journalist : Alexander MEAD (+ Max) : alex@sportingeric.com

Photographe : Richard JOHNSON - rich@richardjohnsonphoto.com / [+44 7901 323355](tel:+447901323355)

Contacts presse:
Emmanuelle Viala

Tarn Tourisme - Valérie Boutet valerie.boutet@tourisme-tarn.com / 06 83 15 97 74
@boutet.valerie

Réseaux Sociaux, hashtags, sites webs...partenaires

@tourismetarn

<https://www.facebook.com/tourismetarn>

<https://www.instagram.com/tourismetarn/>

<https://www.youtube.com/user/cdtarn>

@boutet.valerie

@destination_castres_mazamet

@castresolympique

Partagez votre séjour avec [#TourismeOccitanie](#) #VisitOccitanie et suivez-nous sur:

<https://www.facebook.com/TourismeOccitanie>

<https://twitter.com/CrtOccitanie>

https://www.instagram.com/tourisme_occitanie

Thursday, April 18th

10:30 AM : arrival in Toulouse

11:00 : Check in for the rental car : EUROPCAR - Airport

11:30 Departure for Tarn

12: 30 : Arrival in Castres

Check-in at the guest house

Domaine Le Castelet

Lieu dit Le Castelet 119 - 121 Chemin du Castelet - 81100 CASTRES / Tél : +33(0) 5 63 35 96 27 / +33(0)6 40 57 82 53 - <https://www.lecastelet.fr/>

@domainelecastelet

> A snack will be served on arrival.

Departure for Le Bez: Castres > Le Bez: 18 min.



DISCOVER THE SIDOBRE: EUROPE'S LARGEST GRANITE MASSIF

3:00/3:30 PM : Meet Florence at the Tourist Office - Maison du Sidobre - 56 route du Lignon, Vialavert, 81260 Le Bez +33 (5)63 74 63 38

@sidobretourisme

With over 60 hiking trails, lasting from 10 minutes to several hours, the Sidobre is one of the most remarkable natural sites in the Tarn. It's a 120km² granite island, making it a geological exception. Sidobre granite is an exceptional material that has been used for the pavements of the Champs Elysées, the Shanghai World Trade Centre and Frankfurt airport.

Short hike to discover the Peyro Clabado, the Sentier des Merveilles and Lac du Merle.

8:00 PM : Diner at Bistrot Saveurs – Simon Scott

Simon Scott is an English chef who was awarded a Michelin star in 2009 and now holds a gourmet BIB at the Bistrot Saveur in Castres.

5, rue Sainte Foy - 81100 Castres +33 (0)5 63 50 11 45

<http://bistrot-saveurs-81.fr/>

@bistrotsaveurs

Friday, April 19th

9:00 AM : Meet Alexandre at the Castres Tourist Office for a city tour.

2 place de la République - 81100 Castres + 33 (0)5 63 62 63 62

You'll discover the heritage of Castres, a Town of Art and History, with its town houses, its Goya Museum and its emblematic colourful houses on the River Agout, which have earned it the nickname of the little Venice of the South.

Stop off at the official Castres Olympique shop at 19 rue Frédéric Thomas, 81100 Castres.

11:00 AM : Meet at the Stade Pierre Fabre for the Castres Olympique training session.

Rue de Bisseous – 81100 Castres

Meeting at the Pierre Fabre stadium for the captain's training session: interviews with Gérard Cholley, Matthias Rolland and Tom Staniforth

Castres Olympique's stadium was christened the Stade Pierre Fabre on Saturday 9 September 2017, when they hosted MHR. For 30 years, the unwavering support of Pierre Fabre and his group has enabled the OC to return to the elite and to be one of the few French clubs to remain there permanently since 1990. The club is proud to play in a stadium bearing the name of a man without whom it would never have been able to reach its current level and try to maintain it. A man who left his mark on the city of Castres and contributed to its development.

*The stadium was formerly known as the Pierre-Antoine stadium in memory of the illustrious player, who was 2nd row in the team that won the French championship in 1949 and 1950. He was twice voted best player of the championship and was originally from Gaillac.

He died suddenly in the dressing room after a match against Montréjeau on 30 September 1956, aged 35 at the time.

12:30 AM Lunch at the Espanol bar

This tapas bar is one of Castres' rugby hotspots. The restaurant is run by José Diaz, a former 3rd row player and French champion with the Castres Olympique team.

18 Boulevard Carnot, Castres - +33 (0)5 63 35 01 84

Please arrive no later than 1pm.

3:30 PM : Meet Vincent at the car park of the “Maison du bois et du jouet”

1620 Route des Usines - Moulin de L'Oule, 81200 Mazamet

walk to the Passerelle de Mazamet



At 130 metres long, the Passerelle de Mazamet is one of only 3 Himalayan footbridges in France. Overlooking the Arnette valley from a height of 70 metres, it links the town of Mazamet with the ancient castrum of Hautpoul. It is equipped with a via ferrata and 3 zip lines. For the past year, the footbridge has been illuminated every evening until 2am. In summer, night-time walks are organised on the footbridge, as well as torch-lit walks through the village of Hautpoul.

Diner at the guest house “Domaine du Castelet”

Saturday, April 20th

Morning: Free program

11:45 AM 100% Castres Olympique



11.45am: journalist welcome. Tour of changing rooms and aperitif/lunch at the Bodega with former players
2.30 pm: warm-up from the edge of the pitch
2.45pm: Meeting with local journalists
15:00: Kick-off for the CO/Stade Rochelais match
Contact : Lisa Valette 06 86 30 52 58



Comité Régional du Tourisme

7:30 PM : Diner at "Pub The Quay" - Restaurant "En Marge"

~~<https://www.pubthequaycastres.fr/>~~

<https://www.restaurantenmarge.fr/>

23 rue Frédéric Thomas 81100 Castres - +33 (0)5 63 71 91 80

Sunday, April 21st

Morning free

Free lunch

Suggestion: Sunday brunch at the restaurant "chai les jumeaux"

Reservation recommended

<https://chailesjumeaux.wixsite.com/website> +33 (0)563754328

1:00 PM : departure for Toulouse Airport

2:00 PM : check out rental car - Europcar Airport

3:40 PM : Flight departure



Site de Montpellier (siège)
64, rue Alcyone - CS 79507 - F - 34960 Montpellier Cedex 2
Tél : +33 (0)4 30 63 84 20 - contact@crtoccitanie.fr
N° SIRET 83203965000013 - APE 7990Z

Site de Toulouse
15 rue Rivals - CS 78543 - F - 31685 Toulouse Cedex 6
Tél : +33 (0)4 30 63 84 20 - contact@crtoccitanie.fr