



INDIVIDUAL PRESS TRIP

GRAVEL

Ronald JACOBS
Fiets

**From the 6th of July to
the 19th of July 2024**



This program is organised thanks to the precious help of BFC Tourism, AuRa Tourism, Destination Occitanie, and PLRP.

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LET'S STAY CONNECTED



@GTMC_VTT



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Added Informations

- This program is organised and financed by **BFC Tourisme, AuRa Tourisme, Destination Occitanie and the committee of the itinerary of the GTMC** for the **Grande Traversée du Massif Central**. Please, mention in your fact box: www.the-gtmc.com
- Any extras are not supported by us. Please pay them before you check out of the establishments (minibar, extra beverages, cigarettes, internet, phone)
- Signing up to this press trip implicates that you will follow all of the trip details

This press trip is organised on behalf of The Grande Traversée du Massif Central.



IN BURGUNDY

Day 1 – Saturday the 6th of July 2024

Arrival in Avallon

Dinner and overnight at the **Moulin des Ruats**. Leave your car in the hotel's closed car park during your trip.

MOULIN DES RUATS
23, rue des Iles Labaume, Vallée du Cousin
89200 AVALLON
Tél +33 (0)3 86 34 97 00

<https://www.bourgondie-toerisme.com/alle-hotels-2/le-moulin-des-ruats>

GPS Coordinates 47.48549, 3.87935

Day 2 – Sunday the 7th of July 2024

Don't forget to pick up your picnic for your lunch.

After breakfast, get on your bike ...

→ **Avallon - Saulieu - 99 kilometres**

Dinner at **La Vieille Auberge**.

LA VIEILLE AUBERGE
15 Rue Grillot
21210 Saulieu
Tél +33 (0)3 80 64 13 74

<https://la-vieille-auberge-restaurant-saulieu.eatbu.com/?lang=nl>

GPS Coordinates 47.27886, 4.23312

Overnight at **La Tour d'Auxois**.

LA TOUR D'AUXOIS
Rue d'Argentine
21210 Saulieu
Tél +33 (0)3 80 64 36 19

<https://www.bourgondie-toerisme.com/alle-hotels-2/hostellerie-de-la-tour-dauxois>

GPS Coordinates 47.27999, 4.23126

Day 3 - Monday the 8th of July 2024

Don't forget to pick up your picnic for your lunch.

After breakfast, get on your bike ...

→ **Saulieu - La Grande Verrière- 139 kilometres**

Dinner and overnight **Chez Cécile**.

CHEZ CÉCILE

15 route du haut folin

71990 La Grande-Verrière

Tél +33 (0)3 85 82 52 41

<https://www.bourgondie-toerisme.com/alle-hotels-2/hotel-de-la-poste-chez-cecile>

GPS Coordinates 46.96536, 4.14009

Day 4 - Tuesday the 9th of July 2024

Don't forget to pick up your picnic for your lunch.

After breakfast, get on your bike ...

→ **La Grande Verrière - Bourbon Lancy - 113 kilometres**

Dinner at **l'As de Trèfle**.

L'AS DE TRÈFLE

17 bis Rue du Breuil

71140 Bourbon-Lancy

Tél +33 (0)7 69 75 77 24

<https://bourbon-lancy.fr/commerces/las-de-trefle/>

GPS Coordinates 46.62259, 3.7534

Overnight at **Hôtel Ibis Style**.

HÔTEL IBIS STYLES

17 Rue du Breuil Bourgogne

71140 Bourbon-Lancy

Tél +33 (0)3 85 89 37 37

<https://www.bourgondie-toerisme.com/alle-hotels-2/ibis-styles-bourbon-lancy>

GPS Coordinates 46.6226, 3.75353

IN AUVERGNE-RHÔNE-ALPES

Day 5 - Wednesday the 10th of July 2024

Don't forget to pick up your picnic for your lunch.

www.the-gtmc.com

→ **Bourbon Lancy - Chantelle 143 kilometres**

Dinner and night at the Guest House "**La Maison porte-bonheur**"

A room with a king-sized bed, a secured bicycle shelter in front of the guest house, and a swimming pool for the end of the day !

Don't forget to take time to visit the village, which is One the Most Beautiful Village in France

LA MAISON PORTE-BONHEUR
15 rue de l'Horloge
03140 Chantelle
Tél +33 (0)6 60 88 81 70

<https://www.valdesioule.com/gites-et-locations/la-maison-porte-bonheur/>

GPS coordinates 46.23859708822416, 3.1528476388275544

Day 6 - Thursday the 11th of July 2024

Don't forget to pick up your picnic for your lunch at the guest house

→ **Chantelle - Volvic 100 kilometres**

Dinner and night at the Guest House "**Chambre d'hôtes des Ombelles**"

Eco-responsible guesthouse.

17:30 : Meeting with Sylvain from the tourist information centre for a guided tour in Volvic

He will pick you up in a car.

CHAMBRE D'HÔTES LES OMBELLES
Sylvain et Stéphanie Marsy
6 place du Communal
La Coussédière - 63530 Volvic
Tél +33 (0)9 53 01 53 52
<https://les-ombelles.fr/>

GPS coordinates 45.89246024025254, 3.001573460491591

Day 7 - Friday the 12th July 2024

Don't forget to pick up your picnic for your lunch at the guest house

→ **Volvic - St Alyre-ès-Montagnes - 120 kilometres**

Dinner and night at the guest House Chez Dame Béa

The guesthouse is located 30 minutes off the route.

CHEZ DAME BEA
25 Rue du Château
Le Luguet
63420 Anzat-le-Luguet
Tél +33 (0)6 19 13 43 46

<https://www.auvergne-destination.com/fiches/chez-dam-bea/>

GPS coordinates 45.34217083719151, 3.0316378387761884

Day 8 - Saturday the 13th of July 2024

Don't forget to pick up your picnic for your lunch.

→ St Alyre-ès-Montagnes - Domaine du Sauvage - 120 kilomètres

Dinner and night at the GITE "DOMAINE DU SAUVAGE"

This accommodation is very well known because it is located on a st james way !

DOMAINE DU SAUVAGE
Le Sauvage, Départementale 587
43170 Chanaleilles
Tél +33 (0)4 71 74 40 30

<http://www.sauvage-en-gevaudan.com/coordonnees.php>

GPS Coordinates 44.8262594, 3.4838996

IN OCCITANIE

In your future articles, please mention our dutch website :

www.visit-occitanie.com/nl/

And follow us on [@VoyageOccitanie](#) and tag us with #VoyageOccitanie

Day 9 - Sunday the 14th of July 2024

→ Domaine du Sauvage - Le Pont-de-Montvert : 124 kilometres

On your way :

- Lake Charpal
<https://www.lozere-tourisme.com/lac-de-charpal/laubert/pnalar048fs00009>
- Mount Lozère, pic of Finiels (1699 metres)
<https://www.lozere-tourisme.com/le-sommet-de-finiels/pont-de-montvert-sud-mont-lozere/pnalar048v508qqm>

- **Florac** (Official capital city of the Cévennes): visit **The Atelier Tuffery**. The oldest Jean Creator made in France (since 1892)
<https://www.lozere-tourisme.com/atelier-tuffery/florac-trois-rivieres/picular048v50a7bh>

Dinner and night at the Auberge des Cévennes (Lozère) in Le-Pont-de-Montvert.

AUBERGE DES CEVENNES

La placette

48220 Pont-De-Montvert-Sud-Mont-Lozère

Phone +33 466 45 80 01

<https://auberge-des-cevennes.com/>

GPS Coordinates 44.36282, 3.74372

Day 10 - Monday the 15th July 2024

Don't forget to pick up your picnic at the hotel AUBERGE DES CEVENNES

After breakfast, get on your bike ...

→ **Le Pont-de-Montvert - L'Esperou : 118 kilometres**

On your way :

- Labelled “Most Beautiful Town of France” : Sainte-Enimie
<https://www.lozere-tourisme.com/cite-medievale-de-sainte-enimie/gorges-du-tarn-causses/picular048fs0001v>
- Panoramic view of the town of Saint-Chély-du-Tarn at the Saltadou Panorama
<https://www.lozere-tourisme.com/le-saltadou-panorama-de-saint-chely-du-tarn/gorges-du-tarn-causses/reslar048v50a9n4>

Dinner and night in **L'Esperou** (Gard) plus picnic lunch the next day

HOTEL DU PARC

Carrefour des Hommes de la Route

30570 L'Espérrou

Phone: +33 467 82 60 05 / Tél +33 499 51 60 74

www.hotel-aigoual.com

GPS Coordinates 44.09238, 3.54764

Day 11 - Tuesday the 16th of July 2024

Don't forget to pick up your picnic at the hotel

After breakfast, get on your bike ...

→ L'Esperou - La Couvertoirade : 132 kilometres

To visit :

- Visit La Couvertoirade (windmill, château templier, lavogne, “Most Beautiful Town of France”)

www.tourisme-aveyron.com/fr/voir-faire/decouvrir-aveyron/villes-et-villages/la-couvertoirade/decouvrir-la-couvertoirade

Dinner and night in **La Couvertoirade** (Aveyron)

AUBERGE DU CHAT PERCHÉ

La Chambre du Chat

Rue Droite

12230 La Couvertoirade

Phone: +33 (0)603847294

www.aubergeduchatperche.com/

GPS Coordinates 43.912102, 3.316800

Day 12 - Wednesday the 17th of July 2024

Don't forget to pick up your picnic at the hotel

After breakfast, get on your bike ...

→ La Couvertoirade - Clermont Hérault : 88 kilometres

To visit :

- Lake Salagou : <https://www.destination-salagou.fr/en/>
- Villeneuve : beautiful village : <https://herault.fr/529-site-de-villeneuve.htm>
- Pezenas and Molière : <https://www.capdagde.com/experiences/pezenas-and-moliere/>
- Mourèze : visit to the village of Mourèze and its dolomitic rock formations

Evening :

Dinner and night in **Auberge de Val Mourèze** in Mourèze (Hérault). Meal with 2 dishes (starter & main course or main course & dessert)

AUBERGE DE VAL MOURÈZE

56 route de la Dolomie

34800 Mourèze

Phone: +33 (0)4 67 96 06 26

<https://aubergedevalmoureze.com/>

GPS Coordinates 43.61878, 3.35251

Day 13 - Thursday the 18th of July 2024

Don't forget to pick up your picnic at the hotel while you have breakfast

After breakfast, get on your bike ...

→ **Clermont Hérault - Agde : 124 kilometres**

Check-in at the **Hôtel Yséria** in Agde

HOTEL YSÉRIA

2 place Jean Jaurès

34300 Agde

Tél +33 (0)4 67 11 40 90)

<https://www.yseria.fr/>

GPS Coordinates 43.31402, 3.46981

Reception from **15:00** to **21:00**

Free discovery of Agde - A press pack and a map with places to visit will be available in the room.

19h30 : Dinner in restaurant **L'Amiral**

L'AMIRAL

2 rue André Chassefières

34300 Agde

Tel : +33 (0)4 67 94 95 64

https://www.tripadvisor.fr/Restaurant_Review-g664916-d1331642-Reviews-L_Amiral-Agde_Herault_Occitanie.html

GPS Coordinates 43.31356, 3.46787

Day 14 - Friday the 19th of July 2024

08:00 : CAP VTC transfers from the hotel Yséria in Agde to the car hire agency AVIS in Béziers Airport.

GOLD VTC SERVICE

Contact : Olivier Joron

Tél +33 (0)7 83 00 61 74

The car rental agency at Béziers airport opens at **08:30** and the car must be returned to the AVIS agency in Dijon no later than **18:00**.

09:00 : Departure for Dijon SNCF railway station (city centre) -> Béziers - Dijon : 553 km - 5h30

End of the press trip, we hope you made beautiful discoveries, you can contact us for any additional information or if you need pictures...

Please mention in your production :

La Grande Traversée du Massif Central or The GTMC
www.the-gtmc.com

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**GRANDE
TRAVERSÉE
DU MASSIF CENTRAL**