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> **Journalistes :**

Huib Afman
Media : Leven in Frankrijk et En Route

If you are running late, please inform the contact person indicated in the program below.

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Press Trip

Huib Afman
29 March – 4 April, 2025
The Racine Mission

Thursday 27 March

Departure from Amsterdam to La Grande Motte (LGM)

Friday 28 March

Driving to La Grande Motte
Installation at hotel Hôtel Quetzal for two nights

Free dinner

Night in Grande Motte Hôtel Quetzal
216 Allée des Jardins – 34280 La Grande Motte
Tel : +33 (0)4 67 56 61 10 - <https://www.hotel-quetzal.com/>

Saturday 29 March

09h30 Discovery of La Grande Motte. Appointment with the guide Danièle Christol (+33 (0)6 22 58 40 52) at the tourist office of La Grande Motte for a guided tour of La Grande Motte on the Mission Racine theme.

12h00 Lunch by yourself in **restaurant QG** (reservation made in the name of La Grande Motte tourist office) - 477 Quai Charles De Gaulle
www.facebook.com/legg.grandemotte/?locale=fr_FR

Afternoon Free time to discover the different neighborhoods / architecture in LGM – You can loan a bicycle at the tourist office – ask Laurent for that (between 2pm and 6pm).
If you want to keep it also for the evening, you could ask the hotel if you could park it somewhere and Isabelle of the tourist office will pick it up on Monday.

19h30 Diner by yourself in **restaurant l'Etang de l'Or** (reservation made in the name of La Grande Motte tourist office) - 3 allée de l'Epi - 34280 La Grande Motte - <https://restaurant-letang-dor.eatbu.com/?lang=fr>

Night in Hôtel Quetzal

Sunday 30 March

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Morning	After breakfast free discovery of La Grande Motte or a natural preserved areas concerned by the Racine Mission (le Massif de la Gardiole, La pointe de l’Espiguette, ...). Or visit the Cap D’Agde close to Montpellier.
Noon	Free lunch Departure for Montpellier Parking “rue Valencey” entrance to the Polygone car park
15h-18h	Guided tour of the city historical center with contemporary district with Carol Milliez Free dinner Night in hôtel Mercure Montpellier Centre Comédie • 6 rue de la Spirale – 34000 Montpellier - Web

Monday 31 March

8h30	Coffé in Mercure breakfast with Valérie - Montpellier Tourist office press officer Interview - Marc Verstraete in Assignan The creator of the Village Castigno Project - https://villagecastigno.com/fr/ » Interview - Els Knockaert in Olargues Els Knockaert, is primarily a painter, but who also rents out rooms Night in Olargues
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Tuesday 1 April

08h00	Drive to Albi - 110 km – 1h55
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We hope you enjoyed your stay!

This press trip was organised by the Occitanie Regional Tourism Board and its partners. Please mention our websites in your future articles:

Destination Occitanie : www.voyage-occitanie.com
Tourisme Hérault : www.herault-tourisme.com/fr/
Montpellier Tourisme : www.montpellier-tourisme.fr
La Grande Motte : www.lagrandemotte.com

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