



AD'Occ
Région Occitanie



Destination
occitanie

Agence d'Attractivité, de Développement Economique et Touristique

Atout France Group Press trip
Scandinavia (DK – NO)
8 to 12 June
Discovery of Nîmes & Montpellier



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Montpellier

Nîmes

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*Join us on an inspiring journey to the **Occitanie region in Southern France**, where history, gastronomy, and contemporary culture come together under the Mediterranean sun. This exclusive press trip takes you to the vibrant cities of **Montpellier** and **Nîmes**, offering a rich blend of iconic landmarks and hidden gems.*

From a picnic among olive groves at the foot of Pic Saint-Loup to exclusive visits, architectural highlights, and immersive cultural experiences, the program is designed to showcase the very best of the region. Along the way, you'll enjoy local specialties, meet passionate artisans, and explore everything from Roman heritage to bold contemporary design.

Monday 8 June

Departure with Norwegian from Copenhagen at 7.45 am

10.15 Arrival at the airport Montpellier Méditerranée - meet with CAP VTC Laurent 07 69 75 22 94

10.45 Transfer by taxi to Montpellier Saint-Roch railway station

12.30 Train transfer to Nîmes Centre on board train liO n° 876366

13.15 Arrival in Nîmes

Luggage drop-off at the hotel : **Appartcity Collection******

- Boulevard de Bruxelles 30 000 Nîmes : from 8th to 10th June.

12:45 Lunch at La Table du 2

14.30 Visit of the **Musée de la Romanité** with your guide. The museum was designed by architect Elizabeth de Portzamparc and opened in 2018

16.00 Guided walking tour: "Escape through the city centre over the centuries"

17.30 Free time

20.00 Diner at Dinner at Wine Bar

Tuesday 9 June

09.30 Guided tour of the **Jardins de la Fontaine** and exclusive visit of private mansions ("Hôtels Particuliers")

12.30 Lunch at **Restaurant Questel**, certified "Maître Restaurateur"

15.00 Visit of the Les Ateliers de Nîmes textile manufacture with founder Guillaume Sagot

17.30 Icecream break at Café Fragonard

20.00 Dinner at Tempo Restaurant

Wednesday 10 June

08.30 Meet at the reception of the hotel and transfer to the rail station

09.13 Departure by train from Nîmes Centre to Montpellier Saint Roch – train liO n°876409

09.47 Arrival in Montpellier

10.00 Transfer by private hire car - Drop off luggage at the hotel

Visit to **Maguelone Cathedral** and lunch at Les Compagnons de Maguelone with Maguelone press officer Arghyris

Return to Montpellier by private hire car

15.00 Check-in at the Novotel Montpellier

- 125 bis Avenue de Palavas - Hotel with swimming pool – don't forget your swimwear – free time

Take tram line 4 (Garcia Lorca) to the Place de l'Europe stop (10 minutes' journey), then cross the bridge to reach the restaurant

19.30 Diner "Arbre Blanc " <https://larbre-restaurant.fr/larbre-blanc/>

To return by tram, take line 4 towards Garcia Lorca – get off at Place de l'Europe, which takes about 10 minutes

Overnight stay at a hotel Novotel

Thursday 11 June

08.30 Set off with Mathilde by tram to Place de l'Europe

09.00 City tour with a qualified guide

12.00 Lunch at **Richer de Belleval** – a 5-star hotel with two restaurants, one bistronomic and one gourmet, helmed by the Pourcel brothers, the undisputed icons of French gastronomy

15.00 Visit to the Fabre Museum

16.30 Herbal tea tasting at INFUSE, Montpellier's leading herbal tea shop

17.00 Free time

20.00 Dinner at **Bistrot du Petit Jardin**

www.petit-jardin.com/bistrot-petit-jardin/restaurant-bistrannique-montpellier/

Return to Novotel by tram from the Arc de Triomphe on line 4 (Garcia Lorca), 20 mins

Overnight stay at the Novotel Hotel

Friday 12 June

Check out

09.00 Meet in the hotel lobby

Departure by tram with Mathilde to the Arc de Triomphe for a gourmet tour of Montpellier

- Panier d'Aimé, the local produce shop
- Des Rêves et du Pain, to discover a bakery named
- 'Best Bakery in France'
- Tasting of the "Ecusson Gourmand" at "Les Délices des Anges"

- 11.30 Return to the hotel by tram
- 12.00 Meet in the hotel lobby
- 12.15 Transfer to the airport with Valérie and Mathilde
- 14.10 Departure for Copenhagen

We hope you enjoyed your stay !

This press trip was organised by the Occitanie Regional Tourism Committee and its partners. We would be grateful if you could mention our websites in your forthcoming articles:

Destination Occitanie : www.voyage-occitanie.com

Nîmes Tourisme : <https://nimes-tourisme.com>

Montpellier Tourisme : www.montpellier-tourisme.fr