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>Média : The Good Life in France

☐ *If you are late, please contact the persons mentioned in the programme below:*

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Tuesday, 13 of October

> 10:45am : Arrival in Toulouse Blagnac

Welcomed by Emmanuelle

=> transfert by taxi to Toulouse center

Check-in at **Hôtel Les Capitouls Toulouse Centre Handwritten Collection** (*your luggage can be stored at the reception before the official time*)

29 Allée Jean Jaurès, 31000 Toulouse / www.hotel-capitouls.com/

Formerly a private mansion, the Hôtel Les Capitouls Toulouse Centre Handwritten Collection welcomes you into a stylish 4-star boutique hotel located in the heart of Toulouse, between the central station and Jean Jaurès.

12:30 pm Meeting with Marine in front of the restaurant La Cendrée

11 rue des Tourneurs, 31000 Toulouse - <https://www.lacendree.com/>

Metro line A, Esquirol station, or 15 minutes by feet from the hotel

Set against the historic backdrop of a Capitoul mansion, beside an imposing 15th-century fireplace, come and enjoy charcoal-grilled specialities and dishes from the south-west whilst dining by the fireside in a quintessentially Toulouse setting steeped in history.

After lunch, discovery of Toulouse main museums with Marine and your [city pass](#) (closing time 18.00)
 For €26, valid for 3 days, you'll get a free entry to the public museums and monuments, a variety of activities at discount prices and a guided tour of your choice from the Tourist Office

- Les Augustins, Toulouse's fine arts museum (open Mon 12-18), newly reopened: First opened during the French Revolution, this is one of the oldest museums in France. Its typically Toulousain architecture provides an exceptional setting for paintings and sculptures dating from the Middle Ages to the 20th century. Closed in 2019 for a multi-phase project designed to make it more accessible, the museum has been partially reopened since December 19. 2025
- The "Musée des Arts Précieux" Paul-Dupuy: in the heart of Toulouse old town, this original museum presents itself as a Cabinets of curiosities, with works from the Middle Ages to the late 1930s. The Capitole: The seat of municipal power since its construction, commissioned by the Capitouls in the XII Century, transformed and embellished in every era, La Capitole shows its majestic Neo-Classical façade to the unmistakable square that shares its name.

7:30 pm Diner at the restaurant Le Bon vivre

15 bis Pl. du Président Thomas Wilson, 31000 Toulouse

Menu à la carte (3 course or less) + a softdrink or a glass of wine

Wednesday, 14 of October

Breakfast at the hotel

Free time to discover Toulouse main museums with your city pass (*no company this day*):

Morning: Collection Bemberg (open on Wednesday 10-18h): a foundation housed in the magnificent Hôtel d'Assézat Renaissance building and created by Argentinian collector Georges Bemberg, to bring together numerous works of western art from the Renaissance to the early 20th Century.

12:15 pm Lunch at the restaurant MADO

22 Rue des Blanchers, 31000 Toulouse / <https://restaurantmado.fr/>

Located between Place Saint-Pierre and La Daurade, MADO restaurant serves creative bistronomic cuisine, blending Asian influences, Mediterranean cuisine and French gastronomy.

Included for you: all-inclusive lunch menu

Afternoon with your pass: From Oct 3 to March 7, Les Abattoirs (open on Wednesday 12-18h), Toulouse modern art museum, former slaughterhouse of the city, is offering a fresh perspective on one of the greatest artists of the 20th century. Bringing together nearly 200 works – paintings, drawings, sculptures, tapestries, costumes, films and photographs – this exhibition reveals a socially committed Joan Miró, whose creative work became a true act of resistance.

Night in Toulouse

Thursday, 15 of October**9:00am : Departure to Toulouse Matabiau Train Station by taxi****=>Capitole taxi - taxi booked with a voucher "bon taxi" - Tél : 05 34 250 250****9:34am : Departure to Gourdan Polignan train Station** by train from Toulouse Matabiau train station
Intercités n°14141**10:29am : Arrival in Montréjeau/Gourdan Polignan train Station****10:44am : Departure for Luchon train Station (Train Lio n°872881)****11:20am : Arrival in Luchon** - Welcomed by Justine of l'OTI Pyrénées 31.*Check in at la Villa du Lys, an authentic "belle époque" villa in the heart of Luchon. Welcomed by Damien and Anne-Sophie ANDRE-ARTUS. <https://www.villadulys-luchon.fr/>***12:00pm** : Départure by car with Justine to restaurant **le Lova**.<https://www.pyrenees31.com/restaurants/bagneres-de-luchon/RESMID031V50GN81-le-lova>**1:30pm (around)** : Guided tour of Luchon and its Belle Époque villas with Justine from the Pyrénées 31 Tourist Office. Nestled in the heart of the Pyrenees, Luchon is a charming spa town known for its rich history and beautiful Belle Époque villas. Surrounded by stunning mountain scenery, it combines historic charm with the beauty of the great outdoors. With the Pyrenees on its doorstep, Luchon is the perfect place to explore the mountains and enjoy nature all year round.**4:30pm** : Balneotherapy session at the Luchon thermal baths - **don't forget your swimsuit !****6:30pm** : Walk back to the Villa du Lys guesthouse.**7:30pm : Departure by car with** Justine to restaurant La Table du Green with the Chef Jérémy Lasserre. Today's menu + a softdrink or a glass of wine. Dinner with Justine.<https://www.facebook.com/people/La-table-du-green-de-Luchon-New-Fairway/61586253219607/#>**9:30pm (around)**: Return with Justine to la Villa du LysNight in guesthouse **la Villa du Lys**,. <https://www.villadulys-luchon.fr/>**Friday, 16 of October**

Breakfast in Villa du Lys.

9:00am : Departure by car with Justine to the Station**9:36am : Departure to Montauban by train from Luchon train Station.****10:11am : Arrival in Montréjeau - Gourdan Polignan station** and change for a train to Toulouse**10:22am** : Departure for Toulouse Matabiau

Change in Matabiau - Direction Montauban

11:53am : departure for Montauban**12:30 : arrival in Montauban Villebourbon** - welcome by Lauriane

Departure by car for Fronton Vineyard

12:45-1pm: Lunch in the restaurant **la table de Michèle**<https://www.latablemichele.com/>**2:30pm**: visit of **Château Boujac**<https://www.chateauboujac.com/>**4:30pm**: discover of "**Maison des vins de Fronton**"<https://vignobledefronton.fr/les-incontournables/la-maison-des-vins-et-du-tourisme/>



In the late afternoon : installation in **Hôtel Mercure**

<https://mercuremontauban.fr/>

19h30: Dinner with Lauriane in **Bistro Bourdelle**, the new gastronomic restaurant in Mercure hotel

Saturday, 17 of October

End of the morning : departure by car with Lauriane to **Abbaye de Belleperche** (20 minutes) to share the event **"Vignobles en Scène"**.

This unique event, entitled 'When the Abbey Takes to the Table!', will be a festive and gourmet occasion, offering a different way to explore this iconic monument of Tarn-et-Garonne by combining history, local cuisine, music and a tour of the vineyards.

3:30pm : departure by car with Lauriane to Toulouse Airport (50 minutes).

> 04:50pm : Arrival in Blagnac Airport

> 06:55pm : Flight Departure for London